SEVEN KITCHENS

THE ST. REGIS MUMBAI

MENU

SUSHI, SALAD & MORE

SIGNATURE MAKI ROLLS

Spicy Asparagus Tempura — 700
175 gms | 403 kcal
Tempura Asparagus, Spicy Mayo

Avocado Cream Cheese — 700
175 gms | 507 kcal
Haas Avocado, Toasted Sesame

Teriyaki Mushroom — 700
160 gms | 385 kcal
Wild Mushroom, Homemade Teriyaki, Scallions

Spicy Salmon — 800
180 gms | 517 kcal
Atlantic Salmon, Spicy Mayo, Scallions

Californian Crab — 800
170 gms | 414 kcal
Haas Avocado, Cucumber, Flying Fish Roe

Prawn Tempura — 800
170 gms | 494 kcal
Arabian Sea Prawns, Kewpie Mayo, Sriracha

SALADS & MORE

Tempeh & Avocado Poke Bowl — 700
180 gms | 403 kcal
Avocado, Edamame Beans, Sticky Rice, Pickled Vegetables

Kimchi Watermelon Feta — 650
220 gms | 205 kcal
Bean Sprouts, Gochugaru Dressing, Toasted Sesame

Smoked Burrata Panzanella — 700
200 gms | 519 kcal
Heirloom Tomatoes, Basil Olive Oil Drizzle

VEGETARIAN NON-VEGETARIAN

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SUSHI, SALAD & MORE

SALADS & MORE · CONTINUED

Beetroot Hummus — 650
180 gms | 393 kcal
Gluten Free Nachni Chips, Salsa Creola

Avocado Toast — 700
225 gms | 475 kcal
Almond Bread, Stracciatella Di Bufala, Truffle Oil

▲ **Salmon Poke Bowl** — 800
180 gms | 444 kcal
Salmon, Edamame Beans, Sticky Rice, Pickled Vegetables

▲ **Classic Cobb** — 800
225 gms | 497 kcal
Smoked Chicken, Heirloom Tomatoes, Boiled Egg, Ranch Dressing

▲ **Shrimp Salad** — 850
250 gms | 112 kcal
Pomelo, Green Cucumber, Snow Peas, Nuoc Nam Cham Dressing

The Seven Caesar's — 650
250 gms | 455 kcal
Baby Gem, Mumbai Mary Spiced Parmesan Crisp
— Chicken | 610 kcal | 700
— Shrimp | 700
— Smoked Salmon | 750

SOUP BOWLS

● **Assamese Thukpa** — 450
220 gms | 264 kcal
Veg Momo's, Spring Onion, Bean Sprouts

● **Wild Mushroom** — 450
220 gms | 385 kcal
Kale Chips, 'No Knead' Focaccia

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SUSHI, SALAD & MORE

SOUP BOWLS · CONTINUED

▲ Tom Kha Gai — 550
225 gms | 712 kcal
Chicken, Mushroom, Saw Tooth Cilantro | Gluten Free

▲ Caldo Verde — 550
250 gms | 244 kcal
Chorizo Crumble, Rice Cake, Crispy Kale

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WESTERN COMFORT

PASTA

Mac N Cheese — 850
300 gms | 767 kcal
Truffle Oil, Herb Crumb

Penne Pomodoro — 850
300 gms | 378 kcal
Oven Roasted Tomatoes, Chunky Chimichurri

Spaghetti Carbonara — 900
300 gms | 703 kcal
Pancetta, Citrus Crumb

Fettuccine Bolognese — 900
350 gms | 523 kcal
Hand Cut Lamb, Crispy Sage, Pickled Capers

PIZZA

Signature Margherita — 675
550 gms | 644 kcal
Basil, Pickled Tomatoes

Primavera — 675
550 gms | 997 kcal
Sweet Onions, Bell Pepper, Mushrooms, Cherry Tomatoes

Quattro Formaggi — 675
450 gms | 953 kcal
Provolone, Buffalo, Cheddar, Gruyère

Pepperoni — 875
550 gms | 1080 kcal
Red Onions, Smoked Paprika

Wood Fired Prawn — 975
500 gms | 888 kcal
Fermented Red Pepper, Rocket Leaves

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WESTERN COMFORT

PIZZA · CONTINUED

▲ Chicken Tikka — 975
550 gms | 993 kcal
Red Onion, Mint Powder, Green Chili

GRILLED

● Sweet Potato Skewers — 950
250 gms | 462 kcal
Bell Peppers, Garlic Chive Butter

● Slow Roasted Cauliflower Steak — 950
280 gms | 295 kcal
Chermoula Rubbed, Crumbled Feta

● Beetroot Steak — 950
250 gms | 424 kcal
Goat Cheese and Sage Sauce, Pine Nut Crumb

Chicken Alla Diavola — 950
600 gms | 1265 kcal
Pumpkin Mash, Mushroom Jus, Fresh Herbs

▲ Arabian Seabass — 1450
300 gms | 311 kcal
Creamy Potatoes, Beurre Blanc

Rosemary Lamb Chops — 2250
275 gms | 312 kcal
Herbed Potatoes, Chimichurri

BREAD & MORE

● Mumbai Masala Toastie — 750
250 gms | 1094 kcal
Spiced Potato, Pickled Cucumber Relish, Green Chutney

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WESTERN COMFORT

BREAD & MORE · CONTINUED

- Black Bean, Quinoa Burger — 750
  300 gms | 1154 kcal
  Brulee Onions, Hass Avocado

- Croque Monsieur — 700
  250 gms | 988 kcal
  Goat Cheese, Caramalized Balsamic Onions

- Spiced Cottage Cheese Wrap — 700
  300 gms | 1613 kcal
  Flaky Paratha, Jalapeno Green Chutney Spread

- Sour Dough Tuna Melt — 850
  250 gms | 1127 kcal
  Red Cheddar, Pickled Red Onions

- Chicken & Cheddar Burger — 950
  350 gms | 1259 kcal
  Tomato, Iceberg Lettuce

- Reuben — 800
  300 gms | 1309 kcal
  Pulled Lamb, Grilled Montrey Jack, Quinoa and Kale Salad

- Spiced Chicken Wrap — 950
  300 gms | 1608 kcal
  Flaky Paratha, Chicken Masala, Red Onions

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ASIAN FARE

DIM SUM (3 PIECES)

- Crystal Vegetable — 650
  180 gms | 275 kcal
  Spring Vegetables, Green Asparagus

- American Corn & Water Chestnut — 650
  180 gms | 316 kcal
  Chilli Bean

- Prawn & Chive — 700
  180 gm | 346 kcal
  Arabian Sea Prawns, Chives

- Chicken Suimai — 700
  180 gms | 413 kcal
  Corn Fed Chicken, Ginger, Scallions

APPETIZER

- Tofu Chilli Basil — 650
  300 gms | 499 kcal
  Crispy Tofu, Chilli Sauce, Fresh Basil

- Rock Corn — 650
  250 gms | 558 kcal
  Corn Kernels, Spicy Mayo, Scallions

- Kung Pao Chicken — 700
  250 gms | 970 kcal
  Homemade Kung Pao Sauce, Cashews

- Shrimp Toast — 700
  180 gms | 617 kcal
  Toasted Sticky Rice Cakes, Spicy Mayo, Tempura Crumbs

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ASIAN FARE

MAIN

Mapo Style Tofu — 850
300 gms | 413 kcal
Homemade Sauce, Garlic, Tofu

Stir-Fried Asian Greens — 850
200 gms | 256 kcal
Garlic, Ginger, Sesame Sauce

XO Prawn — 1050
300 gms | 480 kcal
Arabian Sea Prawns, XO Sauce, Scallions

Stir-Fried Sliced Chicken — 950
300 gms | 552 kcal
Black Fungus, Chilli Oil

STAPLES

RICE

Burnt Garlic Fried Rice — 650
300 gms | 618 kcal
Jasmine Rice, Crispy Garlic, Scallions

Chicken & Egg White Fried Rice — 750
300 gms | 814 kcal
Jasmine Rice, Scallions
— Prawn | 800

Nasi Goreng — 750
300 gms | 602 kcal
Sambal Spiced Fried Rice, Acar, Cracker
— Chicken | 300 gms | 871 kcal | 750
— Prawn | 300 gms | 759 kcal | 800

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ASIAN FARE

NOODLES

Hakka Noodles — 650
300 gms | 562 kcal
Spring Vegetables, Garlic, Scallion
— Chicken | 300 gms | 696 kcal | 750
— Prawn | 300 gms | 607 kcal | 800

Phad Thai — 650
300 gms | 287 kcal
Homemade Sauce, Peanuts, Lime
— Chicken | 300 gms | 570 kcal | 750
— Prawn | 300 gms | 570 kcal | 800

Ramen Bowl — 650
350 gms | 696 kcal
Aromatic Broth, Noodles, Pak Choy
— Chicken | 350 gms | 885 kcal | 750
— Prawn | 350 gms | 741 kcal | 800

ASIAN GRILLS

Vegetable & Kafir Lime Brochettes — 650
180 gms | 234 kcal
Sambal Oelek

Sesame & Peanut Tempeh Skewers — 650
200 gms | 561 kcal
Gochujang Glaze, Pumpkin Crackers

Chicken Satay — 700
200 gms | 694 kcal
Prawn Crackers, Peanut Sauce

Korean BBQ Prawn — 700
250 gms | 284 kcal
Fermented Kimchi, Tamarind Sauce

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TANDOOR & DESI KITCHEN

KEBABS

Malai Broccoli — 850
225 gms | 281 kcal
Broccoli Florets, Cheese, Calcutta Mustard

Achari Paneer Tikka — 850
300 gms | 746 kcal
Cottage Cheese, House Ground Spices, Mint Chutney

Bottle Masala Seekh — 900
250 gms | 596 kcal
Lamb Skewers, East Indian Masala, Wedding Pickle

Murg Ke Sooley — 900
300 gms | 718 kcal
House Spice Marinated Chicken, Mint Chutney

DESI MAINS

Butter Paneer — 1250
300 gms | 1131 kcal
Cottage Cheese, Makhani Gravy, Bhuna Mawa, Coriander Sprigs

Pindi Chana — 1250
300 gms | 753 kcal
Spiced Chickpeas, Traditional Black Spiced Blend, Laccha Onion, Lime Wedge

Bunny Chow Misal — 1350
300 gms | 740 kcal
Lentils, Traditional Bread, Garlic Thecha, Sour Cream

Goan Prawn Curry — 1250
300 gms | 443 kcal
White Fish, Chili, Coconut, Steamed Rice

Butter Chicken — 1350
300 gm | 1105 kcal
Pulled Tandoori Chicken, Makhani Gravy, Bhuna Mawa, Coriander Sprigs

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TANDOOR & DESI KITCHEN

DESI MAINS · CONTINUED

▲ Rarah Gosht — 1250
300 gm | 843 kcal
Grass Fed Lamb & Mince Meat Stew, Spiced Brown Onions, Roma Tomatoes

STAPLES

● Veg Dum Biryan — 1250
300 gms | 809 kcal
Aromatic Rice, Saffron, Spring Vegetables, Served with Burhani Raita & Mirch Ka Salan

▲ Chicken Dum Biryani — 1350
350 gms | 1216 kcal
Slow Cooked Chicken, Aromatic Rice, Saffron, Served with Burhani Raita & Mirch Ka Salan

Dal Tadka — 900
250 gms | 422 kcal

Dal Makhani — 900
250 gms | 869 kcal

● Steamed Rice — 450
200 gms | 104 kcal

● Jeera Rice — 650
200 gms | 225 kcal
Cumin Tempered, Uttaranchal Basmati

● Goan Red Rice — 550
200 gms | 134 kcal
Boiled & Cooked over a "Chul"

BREADS

● Aloo Kulcha — 350
80 gms | 259 kcal
Potatoes Stuffed Traditional Amritsari Bread

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TANDOOR & DESI KITCHEN

BREADS · CONTINUED

- Laccha Paratha — 300
  70 gms | 282 kcal
  Flaky Whole Wheat Bread, Buttered

- Taftan — 350
  70 gms | 334 kcal
  Saffron Scented, Fermented Specialty Bread

- Tandoori Roti — 250
  60 gms | 237 kcal
  (Plain/ Butter/ Garlic)

- Tandoori Naan — 250
  60 gms | 228 kcal
  (Plain/ Butter/ Garlic)

- Mirchi Paratha — 295
  70 gms | 284 kcal
  Jalapeno, Seven Spice Mix

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DESSERT

DESSERT

Tia Maria Chocolate Mousse 600
150 gms | 367 kcal
Raspberry Sorbet, Brandy Schnapps

Crème Brulee 575
150 gms | 446 kcal
Kerala Vanilla, Pistachio Biscotti

Warm Carrot Halwa Cake 575
180 gms | 343 kcal
Vanilla Ice Cream, Almond Tuille

Burnt Basque Cheesecake 575
150 gms | 451 kcal
Philadelphia Cream Cheese, Seasonal Fruit Compote

Mumbai Ice Cream Sandwich 575
180 gms | 408 kcal
Cream Cheese, 72% Dark Chocolate, Sour Cherries, Waffle Biscuit

Gulab Jamun 575
150 gms | 531 kcal
Deep Fried Milk Solids, Pistachio, 24 Karat Gold

Saffron Pistachio Rasmalai 575
180 gms | 451 kcal
Cottage Cheese Spheres Soaked, Thickened Sweetened Milk

Choice of Home Made Ice Creams: 575
- Kerala Vanilla | 150 gms | 280 kcal
- 72% Chocolate | 150 gms | 378 kcal
- Berry Cheesecake | 150 gms | 287 kcal

Choice of Home Made Sorbets: 575
- Raspberry | 150 gms | 115 kcal
- Sugar Free Blood Orange | 150 gms | 104 kcal

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