BREAKFAST IN BALCONATA

THE ST. REGIS FLORENCE

BREAKFAST A LA CARTE

Served from 7.00 am to 11.00 am

HOW TO READ THIS MENU

Every mark and figure below appears beside a dish only when the house prints it there.

DIETARY MARKS

- ⊡ Vegetarian
- ◙ Vegan
- ✦ Signature dish

THE LINE BENEATH A DISH

Uova alla fiorentina *(1)(3)(7)*

Florentine Eggs: english muffin, poached eggs, spinaches and mornay sauce

Codes are the allergens the house declares beside a dish; tell your host before you order, not after.

THE ALLERGENS THIS MENU DECLARES

(1) Cereals containing gluten
(2) Crustaceans
(3) Eggs
(4) Fish
(5) Peanuts
(6) Soya
(7) Milk and dairy products
(8) Nuts
(9) Celery
(10) Mustard
(11) Sesame seeds
(12) Sulphur dioxide and sulphites
(13) Lupins
(14) Mollusc

BREAKFAST A LA CARTE

Piccola colazione alla carta — served from 7.00 am to 11.00 am

COLAZIONE — BREAKFAST

COLAZIONE ALL'AMERICANA 52
American Breakfast

COLAZIONE CONTINENTALE 32
Continental Breakfast. Selection of whole wheat and gluten free bread, croissants, italian pastry, cereals; Choice of fruit jams, honey and butter, fresh seasonal fruit; Fresh orange and grapefruit juice, cold press juice of fruits and vegetables; American coffee, espresso, cappuccino, decaffeinated coffee, hot chocolate, whole milk, skimmed, soy, almond milk; Selection of teas, mineral water.

COLAZIONE ALL'ITALIANA 22
Italian Breakfast. American coffee, espresso, cappuccino, decaffeinated coffee; Milk, skimmed milk, almond milk, selection of teas; Fresh orange or grapefruit juice; Croissants.

⊡ Waffle con frutti di bosco e sciroppo d'acero *(1)(3)(7)(8)* 12
Waffle with wild berries and maple syrup

Il Nostro Bagel: bagel tostato ai semi di lino, prosciutto cotto del mugello, rucola, pomodoro cuore di bue, pecorino di pienza stagionato *(1)(7)* 15
Our version of Bagel: toasted flaxseeds bagel, cured ham from "Mugello", rucola salad, "cuore di bue" tomato, pecorino cheese

⊡ La Nostra Pizza da colazione: pizzetta al padellino, con farina caputo, pomodoro s.marzano, mozzarella di bufala, basilico *(1)(7)* ✦ 6
Our Breakfast Pizza: homemade pizza with "Caputo" flour, tomato from "San Marzano", buffalo mozzarella cheese, basil

PIATTI FREDDI — COLD DISHES

Salmone, tonno o pesce spada affumicato *(4)* 24
Smoked salmon, tuna or sword fish

⊡ Insalata di rucola, olive condite, pomodoro, carota e cetrioli 12
Rucola salad with olives, tomatoes, carrots and cucumber

Selezione di salumi italiani 22
Selection of Italian cuts

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Per favore, in caso di allergie lo comunichi al nostro personale / Please inform our staff if you have any allergies
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PIATTI FREDDI — COLD DISHES · CONTINUED

Selezione di formaggi italiani *(7)* 22
Selection of Italian cheeses

UOVA — EGGS

Uova alla coque, tempo su richiesta *(3)* 10
Boiled eggs, timing on request

Uova strapazzate *(3)(7)* 10
Scrambled eggs

Uova al piatto *(3)(7)* 10
Fried eggs

Omelette al naturale *(3)(7)* 10
Plain omelette

Omelette a scelta *(3)(7)* 14
Omelette on your choice

Uova alla benedettina: muffin inglese, uova poché bio, pancetta, salsa olandese fatta in casa *(1)(3)(7)* 16
Eggs Benedictine: english muffin, poached biological eggs, bacon crispy and hollandaise sauce

Uova alla benedettina con salmone affumicato: muffin inglese, uova poché bio, salmone affumicato da allevamento sostenibile, salsa olandese fatta in casa *(1)(3)(4)(7)* 20
Eggs Benedictine: english muffin, poached biological eggs, smoked sustainable farming salmon and hollandaise homemade sauce

Uova alla fiorentina: muffin inglese, uova poché bio, spinaci e salsa mornay fatta in casa *(1)(3)(7)* 16
Florentine Eggs: english muffin, poached eggs, spinaches and mornay sauce

Uova dello zar (con 1 calice di bollinger): english muffin, uova poché bio, caviale italiano, panna acida *(1)(3)(4)(7)* ✦ 48
Zar's Egg with 1 glass of Bollinger sparkling wine: english muffin, poached biological eggs, italian caviar and sour cream

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UOVA — EGGS · CONTINUED

- Uova al tartufo: uova al tegamino bio, tartufo pregiato italiano grattato al momento *(3)(12)* — 25
  Truffle egg: biological fried egg with sliced Italian truffle on the top
- Avocado toast: pane integrale ai cereali, crema di avocado fatta in casa, uova poché bio *(1)(3)(8)(11)* — 16
  Avocado toast: poached biological eggs on whole-bread and avocado homemade puree

BEVANDE — BEVERAGES

Caffè espresso, caffè americano, caffè decaffeinato, cappuccino, cioccolata calda, latte caldo/freddo *(2)(4)(5)(10)* — 10
American coffee, decaffeinated coffee, cappuccino, hot chocolate hot/cold milk

Selezione di tè — 10
Selection of teas

Bibite — 10
Soft drinks

FRUTTA, SPREMUTE E SUCCHI FRESCHI — FRESH FRUIT, FRESHLY SQUEEZED AND FRUIT JUICE

- Frutti di bosco — 16
  Wild berries
- Tagliata di frutta di stagione — 18
  Slices of fresh fruit
- Centrifughe di frutta e verdura fresche (10 minuti) — 10
  Fruit and vegetable freshly squeezed juices (10 minutes)
- Spremute di arancia o pompelmo — 10
  Freshly squeezed orange or grapefruit juice
- St Regis Firenze: ananas, limone, zenzero, miele — 10
  St Regis Florence: pineapple, lemon, ginger, honey

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FRUTTA, SPREMUTE E SUCCHI FRESCHI — FRESH FRUIT, FRESHLY SQUEEZED AND FRUIT JUICE · CONTIN

- Detox: mela, carota, rapa rossa, limone, zenzero — 10
  Detox: apple, carrot, red turnip, lemon, ginger
- Rinfrescante: ananas, mela, limone, zenzero, curcuma — 10
  Refreshing: pineapple, apple, lemon, ginger, turmeric

CEREALI — CEREALS

- All bran, fiocchi di mais o d'avena, muesli, riso soffiato al cioccolato, frosties *(1)(5)(6)(7)(8)(11)* — 6
  All bran, corn flakes or oatmeal muesli, rice crispies, frosties
- Porridge (all'acqua o al latte) *(1)(7)* — 8
  Porridge with water or milk
- Yogurt alla frutta, naturale, magro o biologico *(7)* — 6
  Fruit, natural, low-fat or organic yoghurt
- Frutta secca *(5)(8)* — 16
  Dry fruit

PANE, PRODOTTI DA FORNO E DOLCI — BREAD, BAKERY AND SWEETS

- Cestino di pane e pasticceria italiana *(1)(3)(7)(8)* — 10
  Basket of bread and Italian pastry
- *Toast francese: pan brioche fatto in casa tostato, cannella, frutti di bosco freschi *(1)(3)(7)(8)* — 14
  French toast: toasted homemade pan brioche with fresh wild berries and cinnamon
- Pancake con frutti di bosco e sciroppo d'acero *(1)(3)(7)(8)* — 12
  Pancake with wild berries and maple syrup
- Babà napoletano al tiramisù: Babà con bagna al caffè, crema di caffè, crema al mascarpone, cacao amaro *(1)(3)(7)* ✦ — 14
  Neapolitan Babà with tiramisù flavours: Babà soaked in pure coffee, served with coffee and mascarpone cream finished with a dusting of bitter cocoa

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Crêpes con frutti di bosco e sciroppo d'acero *(1)(3)(7)(8)* 12
Sweet crêpes with wild berries and maple syrup

*Crêpes Suzette: arancia, limone, zucchero, grand marnier, panna *(1)(3)(7)(8)* 16
Crêpes Suzette, orange, lemon, sugar, grand marnier, whipped cream

PIATTI CALDI — HOT DISHES

Verdure alla griglia (zucchini, melanzane, peperoni) 12
Grilled vegetables (zucchini, eggplants, peppers)

Patate novelle al rosmarino 12
Baked potatoes with rosemary

Spinaci saltati 12
Sautéed Spinach

Funghi saltati 12
Sautéed Mushroom

Pancetta alla griglia 12
Grilled bacon

Salsiccia di pollo alla griglia 12
Chicken grilled sausages

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