ZEN

THE LEELA PALACE BENGALURU

MENU

AUJASYA BY THE LEELA

SOUP

- Miso Shiro
  Serving Size: 200 ml| Calorie Per Serving: 126 Kcal
  Traditional Japanese Soup consisting of a Dashi Stock and Silken Tofu STAR INGREDIENT – Tofu

- Ginger Flavoured Chicken Noodle Soup
  Serving Size: 200 ml| Calorie Per Serving: 278 Kcal
  Cantonese Speciality Clear Chicken Broth STAR INGREDIENT – Ginger and Chicken

SALAD

- Yam Som O
  Serving Size: 180 Gms | Calorie Per Serving: 287 Kcal
  Pomelo Salad Hint of Spicy and Tangy STAR INGREDIENT – Fresh Pomelo

APPETIZER

- Steamed Edamame with Togarashi
  Serving Size: 180 Gms | Calorie Per Serving: 310 Kcal
  Fresh Pod of Soy Bean Tossed with Garlic and Ichimi STAR INGREDIENT – Edamame

DIMSUMS

- Steamed Asparagus and Lotus Root Dumpling
  Serving Size: 180 Gms | Calorie Per Serving: 136 Kcal
  Cantonese Speciality Dim Sum with a Hint of Sesame Oil and Lightly Topped with Truffle Oil STAR INGREDIENT – Asparagus

- Steamed Chicken Dumpling
  Serving Size: 180 Gms | Calorie Per Serving: 465 Kcal
  Mildly Spiced Chicken Leg Mince Dumpling STAR INGREDIENT – Steamed Chicken

SUSHI

- Avocado and Kappa Maki Roll
  Serving Size: 200 Gms | Calorie Per Serving: 212 Kcal
  STAR INGREDIENT – Avocado

VEGETARIAN NON-VEGETARIAN

We levy staff contribution charge of 5%. Thank you for your voluntary contribution.

AUJASYA BY THE LEELA

SUSHI · CONTINUED

▲ Salmon Aburi Roll
Serving Size: 200 Gms | Calorie Per Serving: 271 Kcal
STAR INGREDIENT – Aburi Salmon

MAINS

▲ Steamed Fish in Spicy Nam Pla Sauce
Serving Size: 250 Gms | Calorie Per Serving: 399 Kcal
Thai Speciality Herb Flavoured Steamed Fish with Nam Pla Sauce STAR INGREDIENT – Fresh River Sole

● Stir Fry Mushroom Bean Curd and Vegetables in Ginger Soy
Serving Size: 250 Gms | Calorie Per Serving: 564 Kcal
Seasonal Vegetables Accompanied by Assorted Mushroom and Tofu Mildly Spiced Cantonese Sauce STAR INGREDIENT – Mushroom and Tofu

● Steamed Jasmine Rice
Serving Size: 250 Gms | Calorie Per Serving: 217 Kcal
STAR INGREDIENT – Jasmine Rice

DESSERTS

● Tender Coconut Ice cream
STAR INGREDIENT – Tender Coconut

Aujasya by the Leela is a holistic wellness program - a healthy lifestyle reflected in physical, mental, social and spiritual wellbeing. Aujasya is not just a word, it's a way of life. Conceived and executed in collaboration with Dr.Ankita Jalori, one of India's pre-eminent nutrition and wellness consultants, the menu has been curated to achieve the impossible balance between your health needs and your gastronomic expectations. Our chefs have worked behind the scenes on our signature recipes to increase the nutritional values and enhance the functional components but retaining the authentic essence and experience of each dish.

● VEGETARIAN ▲ NON-VEGETARIAN

We levy staff contribution charge of 5%. Thank you for your voluntary contribution.

MEGU

Modern Japanese Cuisine

MUST TRY FROM MEGU

- Shira Ae
  Tofu, Spinach, Sesame Dressing

- Salmon Tataki
  Salmon, Avocado, Wasabi

- New Zealand Lamb Loin
  New Zealand Lamb, Asparagus, Okra

SALAD

- Kudamono Ceviche
  Serving Size: 90 Gms | Calorie:107 Kcal
  Seasonal Fruits Served with Citrus Dressing

- Silken Tofu Ceviche
  Serving Size: 132 Gms | Calorie:329 Kcal
  Silken Tofu, Scallion, Beetroot, Avocado, Wasabi and Sesame seeds Served with Citrus Dressing and Sesame Oil

- Scallop Ceviche
  Serving Size: 220 Gms | Calorie:596 Kcal
  Canadian scallops, Fresh red Chilli, Coriander, Onion, Wasabi and Sesame Seeds Served with Citrus Dressing

- Kani Kama Salad
  Serving Size: 142 Gms | Calorie:180 Kcal
  Crab Meat, Cucumber, Coriander, Lettuce, Togarashi and Tanuki Served with Plum Sugar Dressing

- Hamachi Carpaccio, Oroshi Ponzu
  Serving Size: 100 Gms | Calorie:432 Kcal
  Thin Slices of Yellowtail/Hamachi Served with Oroshi Ponzu Sauce

COLD APPETIZERS

- Avocado Tartare
  Serving Size: 145 Gms | Calorie:221 Kcal
  Avocado, Wasabi, Cucumber, Onion, Tomato, Spicy Mayo, Sriracha, Palm Sugar Served on Wonton Chips

VEGETARIAN NON-VEGETARIAN

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MEGU

COLD APPETIZERS · CONTINUED

- Shira Ae
  Serving Size: 170 Gms | Calorie:534 Kcal
  Pressed Tofu and Wilted Spinach Served with Sesame Sauce

- Salmon Tataki, Avocado Wasabi Sauce
  Serving Size: 120 Gms | Calorie:707 Kcal
  Seared Salmon Served with Avocado Wasabi Sauce

- Crispy Tuna Tartare, Togarashi Sauce, Yuke Sauce
  Serving Size: 100 Gms | Calorie:516 Kcal
  Blue Fin Tuna Tartar with Crispy Rice Cracker

- Baked Eel, Togarashi and Tobiko Sauce
  Serving Size: 150 Gms | Calorie:442 Kcal
  Baked Eel with Tobiko Sauce

WARM APPETIZERS

APPETIZERS

- Seasonal Vegetables, Tempura, Matcha Salt, Warm Dashi, Spicy Mayo
  Serving Size: 260 Gms | Calorie:250 Kcal

- Mix Exotic Mushroom Tempura, Togarashi and Warm Dashi
  Serving Size: 180 Gms | Calorie:146 Kcal

- Karai Kinoko
  Serving Size: 110 Gms | Calorie:39 Kcal
  Button Mushroom, Pea Mash, Spicy Marinade and Palm Sugar

- Seafood Tempura
  Serving Size: 180 Gms | Calorie: 201 Kcal
  Soft Shell Crab, White Fish, Crab Nori, Prawn Served with Warm Soy Dashi

VEG SUSHI ROLLS

SIGNATURE SUSHI ROLLS · CHOICE OF MAKING IT SPICY OR CRISPY

- Avocado Roll
  Serving Size: 130 Gms | Calorie: 680 Kcal

VEGETARIAN NON-VEGETARIAN

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MEGU

VEG SUSHI ROLLS · CONTINUED

- Crispy Enoki Roll
  Serving Size: 130 Gms | Calorie: 778 Kcal
- Asparagus Tempura Roll
  Serving Size: 130 Gms | Calorie: 1055 Kcal
- Yasai Californian Roll
  Serving Size: 180 Gms | Calorie: 201 Kcal
- Takuan Hosomaki
  Serving Size: 120 Gms | Calorie: 287 Kcal
- Teriyaki Shitake Futomaki
  Serving Size: 180 Gms | Calorie: 383 Kcal

NON-VEG SUSHI ROLLS

SIGNATURE SUSHI ROLLS · CHOICE OF MAKING IT SPICY OR CLASSIC

- Norwegian Salmon Roll
  Serving Size: 130 Gms | Calorie: 852 Kcal
- Blue Fin Akami Roll
  Serving Size: 130 Gms | Calorie: 803 Kcal
- Grill Eel Roll with Avocado
  Serving Size: 130 Gms | Calorie: 888 Kcal
- Spider Roll
  Serving Size: 130 Gms | Calorie:680 Kcal
- Classic California Roll
  Serving Size: 130 Gms | Calorie:201 Kcal

SHASHIMI

2 PIECES PER PORTION

- Salmon

VEGETARIAN NON-VEGETARIAN

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MEGU

SHASHIMI · CONTINUED

- Maguro
- Hamachi
- Unagi
- Scallop

NIGIRI

2 PIECES PER PORTION

- Salmon
- Maguro
- Hamachi
- Unagi
- Scallop

VEG NIGIRI

2 PIECES PER PORTION

- Nasu (Eggplant)
- Piman (Bell pepper)
- Suika (Watermelon)
- Asparagus
- Avocado

VEGETARIAN NON-VEGETARIAN

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MEGU

MAINS

Miso Glazed Eggplant
Portion Size: 122 Gms | Calorie: 308 Kcal
Sweet Miso Glazed Eggplant

Charred Butternut Squash, Kagero Soy
Portion Size: 220 Gms | Calorie: 524 Kcal
Butternut Squash, Okra, Peruvian Asparagus, Unsalted Butter, Sweet Potato and Kagero Sauce

New Zealand Lamb Loin, Kagero Sauce
Portion Size: 220 Gms
Grilled New Zealand Lamb, Served with Asparagus, Okra and Sweet Potato

Miso Glazed Chilean Seabass
Portion Size: 180 Gms | Calorie: 642 Kcal
Served with Hajikame and House Salad

Megu offers authentic Japanese delicacies to its guests. Megu brings you dishes prepared using genuine Japanese ingredients, which are served with finesse, in the most dramatic ambiences.

VEGETARIAN NON-VEGETARIAN

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À LA CARTE

MUST TRY

Mountain Chilli Red Snapper
Dusted Fried Red Snapper Accompanied by Lantern Chilli, Toasted Sesame Seed and Scallions

Seasonal Vegetable in Pumpkin Sauce
Stir Fried Vegetables with Tofu Tossed with Creamy Textured In-house Made Pumpkin Sauce

SOUP

HOT AND SOUR SOUP

- Vegetable
  Serving Size: 280 Ml | Calories per serving: 64 Kcal
- Prawn
  Serving Size: 280 Ml | Calories per serving: 79 Kcal
- Chicken
  Serving Size: 280 Ml | Calories per serving: 86 Kcal

LEMON CORIANDER SOUP

- Vegetable
  Serving Size: 280 Ml | Calories per serving: 54 Kcal
- Prawn
  Serving Size: 280 Ml | Calories per serving: 63 Kcal
- Chicken
  Serving Size: 280 Ml | Calories per serving: 78 Kcal

MANCHOW SOUP

- Vegetable
  Serving Size: 280 Ml | Calories per serving: 93 Kcal
- Prawn
  Serving Size: 280 Ml | Calories per serving: 109 Kcal

VEGETARIAN NON-VEGETARIAN

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À LA CARTE

SOUP · CONTINUED

▲ Chicken
Serving Size: 280 Ml | Calories per serving: 116 Kcal

WONTON SOUP

● Vegetable
Serving Size: 280 Ml | Calories per serving: 84 Kcal

▲ Prawn
Serving Size: 280 Ml | Calories per serving: 93 Kcal

▲ Chicken
Serving Size: 280 Ml | Calories per serving: 103 Kcal

▲ Fresh Cilantro Chicken Soup with Mushroom
Cantonese Style Mince Chicken Soup, Accompanied with Chopped Cilantro, Mushroom and Hint of Sesame Oil

▲ Spicy Crabmeat and Asparagus Soup
Serving Size: 280 Ml | Calories per serving: 232 Kcal

APPETIZERS

● Chilli Honey Lotus Stem
Serving Size: 320 Gms | Calories per serving: 570 Kcal
Crispy Lotus Stem Tossed with Homemade Devil Paste

● Wild Pepper Assorted Mushroom
Serving Size: 320 Gms | Calories per serving: 272 Kcal
Assorted Mushroom Crispy Fried Drizzled with Wild Pea

● Butter Chilli Garlic Tofu
Serving Size: 320 Gms | Calories per serving: 794Kcal
Dusted Fried Bean Curd Tossed with Garlic Butter and Homemade Sichuan Chilli Powder

● Fragrant Chilli Mock Meat with Crunchy Water Chestnut
Serving Size: 320 Gms | Calories per serving: 738 Kcal
Dry Sichuan Preparation of Mock Meat accompanied with Water Chestnut

● VEGETARIAN ▲ NON-VEGETARIAN

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À LA CARTE

APPETIZERS · CONTINUED

- Peruvian Asparagus Lemon Chilli | Vegan
  Serving Size: 320 Gms | Calories per serving: 154 Kcal
  Stir Fried Peruvian Asparagus in Spicy Thai Lemon Chilli Sauce

- Corn Curd Salt and Wild Pepper Golden Garlic
  Serving Size: 320 Gms | Calories per serving: 280 Kcal
  Homemade Corn Curd Wok Tossed with Wild Pepper and Scallions

- Haricot Beans and Cha Choy with Chilli Bean Sauce
  Serving Size: 320 Gms | Calories per serving: 624 Kcal
  Crunchy Haricot Wok Tossed with Preserved Vegetables

- Konjee Style Fresh Shitake with Water Chestnut
  Serving Size: 320 Gms | Calories per serving: 443 Kcal
  Crispy Fried Water Chestnut and Shitake, Tossed in Sweet, Spicy and Tangy Sauce with a hint of preserved bean

- Wasabi Prawn
  Serving Size: 320 Gms | Calories per serving: 629 Kcal
  Crispy Fried Prawns Well Pounded with Wasabi Mayo

- Butter Chilli Garlic Prawns
  Serving Size: 320 Gms | Calories per servingv: 691 Kcal
  Dusted Prawns Crispy Fried Tossed with Wild Pepper and Butter Garlic

- Prawn Salt and Pepper with Chilli, Scallion
  Serving Size: 320 Gms | Calories per serving: 691 Kcal
  Crispy Fried Prawns with Pepper Salt Masala, Scallions and Crushed Pepper

- Soft Shell Crab Pepper Salt
  Serving Size: 325 Gms | Calories per serving: 547 Kcal
  Crispy Fried Soft Shell Crab with Scallions and Wild Pepper

- Mountain Chilli Red Snapper
  Serving Size: 250 Gms | Calories per serving: 547 Kcal
  Dusted Fried Red Snapper Accompanied with Lantern Chilli, Toasted Sesame Seed and Scallions

VEGETARIAN NON-VEGETARIAN

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À LA CARTE

APPETIZERS · CONTINUED

▲ Pan Seared Mala Fish
Serving Size: 250 Gms | Calories per serving: 289 Kcal
Slices of Fish Well-Cooked in Spicy Mala Sauce

▲ Burnt Garlic Chicken
Serving Size: 250 Gms | Calories per serving: 750 Kcal
Crispy Fried Chicken Leg Wok Tossed in Spicy Bean and Burnt Garlic

▲ Chongquin Chicken
Serving Size: 250 Gms | Calories per serving: 756 Kcal
Crispy Fried Leg Boneless Chicken Tossed with Homemade Sichuan and Chilli 0il

▲ Crispy Aromatic Duck
Serving Size: 375 Gms | Calories per serving: 1122 Kcal

▲ Home Style Pork Belly with Fragrant Chilli
Serving Size: 250 Gms | Calories per serving: 1424 Kcal
Double Cooked Pork Belly in Homemade Fragrant Chilli and Wine

▲ Sliced Lamb in Ginger Wine with Scallion and dry Red Chillies
Serving Size: 250 Gms | Calories per serving: 850 Kcal
Stir-Fried Sliced Lamb with Young Ginger Slice and Lantern ChilII

▲ Cumin Lamb with Coriander and Scallion
Serving Size: 250 Gms | Calories per serving: 850 Kcal
Stir Fried Lamb Slice with Roasted Cumin and Mildly Spiced with Bird Eye

▲ Stir Fried Tenderloin Chilli Black Bean with Snow Peas
Serving Size: 250 Gms | Calories per serving: 854 Kcal
Tenderly Sautéed Slice of Tenderloin in Spicy Chilli Bean

▲ Peking Duck (Whole | Half)
Serving Size: 2 ½ KG | Calories per serving
Traditional Beijing Style Duck Preparation with a Long 12 Hours of Cooking Process Served with Homemade Pancakes

◉ VEGETARIAN ▲ NON-VEGETARIAN

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À LA CARTE

DIMSUMS

- Edamame and Black Truffle Dumpling
  Serving Size: 225 Gms | Calories per serving: 550 Kcal

- Mushroom Crystal | Gluten Free
  Serving Size: 225 Gms | Calories per serving: 442 Kcal
  Transparent Assorted Mushroom Dim Sum

- Turnip Cake
  Serving Size: 250 Gms | Calories per serving: 526Kcal
  Deep Fried Turnip Cake Served with Homemade Golden Garlic Mixture

- Vegetable Kothey
  Serving Size: 250Gms | Calories per serving: 298Kcal
  Home style Vegetable Dim Sum made with Hong Kong Flour and Served with Spicy Nutty Sauce

- Crunchy Vegetable Crystal Dumplings | Gluten Free
  Serving Size: 225 Gms | Calories per serving: 288 Kcal
  Crunchy Vegetable Dim Sum

- Pan Fried Mock Meat Bao
  Serving Size: 245 Gms | Calories per serving: 526 Kcal

- Yin Yang Cream Cheese Dumpling
  Cream Cheese Pounded with Fresh Edamame Dumpling

- Asparagus and Spinach Dim Sum
  Serving Size: 225 Gms | Calories per serving: 365 Kcal
  Pan Seared Dumpling with Red Lotus Flour

- Har Gow
  Serving Size: 225 Gms | Calories per serving: 347 Kcal
  Cantonese Speciality Prawn Dim Sum

- Chicken Sui Mai
  Serving Size: 225 Gms | Calories per serving: 732 Kcal
  Cantonese style Open Dim Sum Stuffed in Yellow Wonton Sheet

VEGETARIAN NON-VEGETARIAN

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À LA CARTE

DIMSUMS · CONTINUED

▲ Chicken Kothey
Serving Size: 250 Gms | Calories per serving: 538 Kcal
Home style Chicken Dim Sum Made with Hong Kong Flour and Served with Spicy Nutty Sauce

▲ Crystal Chicken | Gluten Free
Serving Size: 225 Gms | Calories per serving: 481 Kcal
Transparent Chicken Dumpling

▲ Steamed Chicken Dumpling
Serving Size: 225 Gms | Calories per serving: 571 Kcal
Chicken Mince with Finely Chopped Scallions and Coriander Root

▲ Pan Fried Gyoza
Serving Size: 225 Gms | Calories per serving: 464 Kcal
Pan Fried Prawn and Chicken Dumpling with Chilli Ponzu Sauce

▲ Lamb Dumpling with Fresh Baby Pok Choy
Serving Size: 225 Gms | Calories per serving: 579 Kcal
Lamb Dumpling Covered with Steamed Baby Pok Choy Served with Preserved Bean Sauce

▲ Seabass Kunafa
Serving Size: 280 Gms | Calories per serving: 687 Kcal
Cantonese Style Chilean Seabass Fried Dim Sum Served with Homemade Mango Mayonnaise

▲ Pork Char Siu Bao
Serving Size: 245 Gms | Calories per serving: 883 Kcal
Barbeque Pork Stuffed as Bao

CHEUNG FUNS

● Crispy Vegetable Cheung Fun
Serving Size: 235 Gms | Calories per serving: 326 Kcal

● Mock Meat Cheung Fun
Serving Size: 235 Gms | Calories per serving: 480 Kcal

▲ Crispy Prawn Cheung Fun
Serving Size: 235 Gms | Calories per serving: 434 Kcal

● VEGETARIAN ▲ NON-VEGETARIAN

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À LA CARTE

CHEUNG FUNS · CONTINUED

▲ Steamed Pepper Chicken Cheung Fun
Serving Size: 235 Gms | Calories per serving: 467 Kcal

▲ Barbeque Pork Belly Cheung Fun
Serving Size: 235 Gms | Calories per serving: 762 Kcal

FROM THE WOK — MAIN COURSE

● Wok Tossed Bamboo Shoot, Fresh Mushroom in Pickled Chilli and Peppers | Vegan
Serving Size: 320 Gms | Calories per serving: 578 Kcal

● Seasonal Vegetables in Pumpkin sauce
Serving Size: 320 Gms | Calories per serving: 651 Kcal
Stir Fried Vegetables with Tofu Tossed with Creamy Textured In-house Made Pumpkin Sauce

● Chilli Yellow Bean Eggplant
Serving Size: 320 Gms | Calories per serving: 568 Kcal
Dices of Crispy Eggplant in Yellow Bean with a Hint of Devil's Paste

● Kung Pao Potato
Serving Size: 320 Gms | Calories per serving: 891 Kcal
Diced Potatoes Well Cooked in Spicy and Sweet Sauce Accompanied with Golden Cashew

● Mofu Tofu
Serving Size: 320 Gms | Calories per serving: 463 Kcal
Dices of Silken Tofu Well Simmered in Sichuan Sauce with a Hint of Preserved Beans

● Seasonal Vegetables in Choice of Sauces
Serving Size: 320 Gms | Calories per serving: 280 Kcal
Sichuan, Garlic Chilli Coriander, Chilli Black Bean, Hot Garlic and Ginger Wine

● Steamed Bean Curd Superior Soya
Serving Size: 320 Gms | Calories per serving: 352 Kcal
Steamed Tofu Topped with Homemade Soya

● Assorted Mushroom Homemade Black Pepper
Serving Size: 320 Gms | Calories per serving: 322 Kcal
Assorted Mushroom Stir Fried in Black Pepper

● VEGETARIAN ▲ NON-VEGETARIAN

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À LA CARTE

FROM THE WOK · CONTINUED

- Wok Tossed Garlic Flavoured Seasonal Vegetables
  Serving Size: 320 Gms | Calories per serving: 140 Kcal
  Stir Fried Vegetables in White Garlic Sauce

- Prawn in Xo Sauce
  Serving Size: 325 Gms | Calories per serving: 638 Kcal
  Lightly Fried Prawns Tossed in Medium Spicy XO Sauce

- Singapore Chilli Prawns
  Serving Size: 325 Gms | Calories per serving: 586 Kcal
  Prawns Well Cooked in Chilli Garlic Finished with Egg Drop

- Singaporean Crab Meat
  Serving Size: 320 Gms | Calories per serving: 571 Kcal

- Red Snapper in Choice of Sauce
  Serving Size: 325 Gms | Calories per serving: 451 Kcal
  Chilli Oyster, Sichuan, Black Bean, Garlic Chilli Coriander

- Yu xiang Red Snapper
  Serving Size: 325 Gms | Calories per serving: 718 Kcal
  Spicy and Tangy Preparation of Red Snapper with Strong Flavour For Shaoxing Wine

- Chilli Oyster Norwegian Salmon
  Serving Size: 325 Gms | Calories per serving: 280 Kcal
  Pan Seared Norwegian Salmon Topped with Chilli Oyster Sauce

- Steamed Fish Ginger Soya
  Serving Size: 325 Gms | Calories per serving: 459 Kcal
  Red Snapper, Chilean Seabass

- Devils Chicken
  Serving Size: 325 Gms | Calories per serving: 419 Kcal
  Stir Fried Sliced Chicken with Homemade Devil Paste

- Wok Tossed Chicken in Chilli Bean Sauce with Peppers and Scallion
  Serving Size: 325 Gms | Calories per serving: 709 Kcal
  Chicken Leg Dice in Spicy Bean Sauce

VEGETARIAN NON-VEGETARIAN

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À LA CARTE

FROM THE WOK · CONTINUED

▲ Chilli Yellow Bean Chicken with Straw Mushroom
Serving Size: 320 Gms | Calories per serving: 737 Kcal
Mildly Spiced Chicken with Preserved Beans and Straw Mushroom

▲ Kung Pao Chicken with Cashew Nuts and Roasted Chilli
Serving Size: 320 Gms | Calories per serving: 1236 Kcal
Sweet, Spicy and Tangy Chicken Accompanied with Cashew

▲ Hakka Style Pork Belly
Serving Size: 320 Gms | Calories per serving: 280 Kcal
Slow Simmered Pork Belly in Five Spice Hoisin Stock

▲ Lamb Mofu Tofu
Serving Size: 325 Gms | Calories per serving: 764 Kcal
Sichuan Style Minced Lamb with Bean Curd in Spicy Tobanjan Sauce

▲ Konjee Lamb
Serving Size: 325 Gms | Calories per serving: 983 Kcal
Crispy Fried Lamb Julienne Tossed in Sweet, Spicy and Tangy Sauce

▲ Stewed Lamb Shank
Serving Size: 345 Gms | Calories per serving: 789 Kcal
Slow Cooked Lamb Shank in Homemade Sichuan Stock

▲ Tenderloin Chengdu
Serving Size: 325 Gms | Calories per serving
Pan Grilled Tenderloin with Spicy Sichuan Pepper Sauce

RICE AND NOODLES

MAIN COURSE

PAN FRIED NOODLE GINGER SOYA

● Vegetable
Serving Size: 380 Gms | Calories per serving: 845 Kcal

▲ Prawn
Serving Size: 380 Gms | Calories per serving: 280 Kcal

● VEGETARIAN ▲ NON-VEGETARIAN

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À LA CARTE

RICE AND NOODLES · CONTINUED

▲ Chicken
Serving Size: 380 Gms | Calories per serving: 280 Kcal

CANTONESE SOFT NOODLES · Steamed Soft Noodles Topped with White Garlic Sauce Celery with a Hint of Sesame Oil

● Vegetable

▲ Prawn

▲ Chicken

HAKKA NOODLES

● Vegetable
Serving Size: 365 Gms | Calories per serving: 296 Kcal

▲ Prawn
Serving Size: 365 Gms | Calories per serving: 280 Kcal

▲ Chicken
Serving Size: 365 Gms | Calories per serving: 280 Kcal

FRIED RICE

● Vegetable 1025
Serving Size: 365 Gms | Calories per serving: 488 Kcal

▲ Prawn 1150
Serving Size: 365 Gms | Calories per serving: 280 Kcal

▲ Chicken 1100
Serving Size: 365 Gms | Calories per serving: 280 Kcal

● Wok Tossed Singaporean Vermicelli 1000
Serving Size: 365 Gms | Calories per serving: 885 Kcal

● Stir Fried Fragrant Chilli Udon 1000
Serving Size: 365 Gms | Calories per serving: 609 Kcal

● VEGETARIAN ▲ NON-VEGETARIAN

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À LA CARTE

RICE AND NOODLES · CONTINUED

- Chilli Garlic Noodles — 1000
  Serving Size: 365 Gms | Calories per serving: 852 Kcal
- Sichuan Style Three Flavoured Noodles — 1000
  Serving Size: 365 Gms | Calories per serving: 517 Kcal
- Xo Fried Rice — 1150
  Serving Size: 365 Gms | Calories per serving: 429 Kcal
  Wok Fried Sticky Rice with Dried Shrimp and Scallion
- Yang Chow Fried Rice — 1150
  Serving Size: 365 Gms | Calories per serving: 599 Kcal
  Fried Rice with Prawn, Chicken, Pork, Egg and Scallion
- Sichuan Fried Rice Fragrant Chilli — 1150
  Serving Size: 365 Gms | Calories per serving: 535 Kcal
- Ginger Capsicum Rice — 1000
  Serving Size: 365 Gms | Calories per serving: 527 Kcal
- Olive Fried Rice — 1150
  Serving Size: 365 Gms | Calories per serving: 633 Kcal

PRESERVED BEAN JASMINE FRIED RICE · Sticky Jasmine Rice Wok Tossed with In-house Cooked Preserved Bean Finished with Hint of Butter

- Vegetable
  Serving Size: 365 Gms | Calories per serving: 488 Kcal
- Prawn
  Serving Size: 365 Gms | Calories per serving: 700 Kcal
- Crab
  Serving Size: 365 Gms | Calories per serving: 750 Kcal
- Chicken
  Serving Size: 365 Gms | Calories per serving: 750 Kcal

VEGETARIAN NON-VEGETARIAN

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À LA CARTE

RAMEN

MAIN COURSE

- Tofu
  Serving Size: 380 Gms | Calories per serving: 480 Kcal
- Chicken
  Serving Size: 380 Gms | Calories per serving: 650 Kcal
- Pork
  Serving Size: 380 Gms | Calories per serving: 650 Kcal
- Tenderloin
  Serving Size: 380 Gms | Calories per serving: 650 Kcal
- Prawn
  Serving Size: 380 Gms | Calories per serving: 650 Kcal

VEGETARIAN NON-VEGETARIAN

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THAI SPECIALITY MENU

MUST TRY THAI FOOD

Poa Taek
Thai Herb Spicy Broth with Freshly Squeezed Lemon Juice

Larb Gai
Spicy and Tangy Minced Chicken Salad

Sliced Lamb Kra Pao
Delicately Fried Sliced Lamb Stir-fried with Sweet Basil, Garlic and Thai Bird Eye Chilli

SOUP

TOM YAM

- Vegetable
  Serving Size: 280 ML | Calories per serving: 23 Kcal
- Prawn
  Serving Size: 280 ML | Calories per serving: 32 Kcal
- Chicken
  Serving Size: 280 ML | Calories per serving: 45 Kcal

TOM KHA | GLUTEN FREE

- Vegetable
  Serving Size: 280 ML | Calories per serving: 654Kcal
- Prawn
  Serving Size: 280 ML | Calories per serving: 664 Kcal
- Chicken
  Serving Size: 280 ML | Calories per serving: 670 Kcal

KHOW SUEY

- Vegetable
  Serving Size: 280 ML | Calories per serving: 580 Kcal

VEGETARIAN NON-VEGETARIAN

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THAI SPECIALITY MENU

SOUP · CONTINUED

▲ Prawn
Serving Size: 280 ML | Calories per serving: 589 Kcal

▲ Chicken
Serving Size: 280 ML | Calories per serving: 596 Kcal

POA TAEK · Thai Herb Spicy Broth with Freshly Squeezed Lemon Juice

▲ Prawn
Serving Size: 280 ML | Calories per serving: 160 Kcal

▲ Chicken
Serving Size: 280 ML | Calories per serving: 184 Kcal

SALAD

● Som Tum Thai | Vegan
Serving Size: 310 Gms | Calories per serving: 400 Kcal
Raw Papaya, Carrot, Pounded Peanut, Spicy Palm Jaggery Dressing

● Yam Som O | Vegan
Serving Size: 310 Gms | Calories per serving: 144 Kcal
Pomelo Salad with Water Chestnut, Roasted Coconut, Chilli and Peanut

▲ Larb Gai
Serving Size: 310 Gms | Calories per serving: 668 Kcal
Spicy and Tangy Minced Chicken Salad

▲ Yum Mamuang Goong
Serving Size: 310 Gms | Calories per serving: 610 Kcal
Raw Mango and Prawn Salad with Toasted Peanut, Palm Sugar Dressing

APPETIZERS

● Tahoo
Serving Size: 320 Gms | Calories per serving: 489 Kcal
Crispy Fried Bean Curd with Thai Chilli Paste and Sweet Basil

● VEGETARIAN ▲ NON-VEGETARIAN

We levy staff contribution charge of 5%. Thank you for your voluntary contribution.

THAI SPECIALITY MENU

APPETIZERS · CONTINUED

▲ Satay Gai
Serving Size: 275 Gms | Calories per serving: 623 Kcal
Charcoal Grilled Chicken Satay with Peanut Sauce

TAKRAI

▲ Chicken
Serving Size: 250 Gms | Calories per serving: 280 Kcal

▲ Fish
Serving Size: 250 Gms | Calories per serving: 280 Kcal

▲ Prawn
Serving Size: 250 Gms | Calories per serving: 280 Kcal

▲ Baby Lobster Kra Pao
Serving Size: 320 Gms | Calories per serving: 646 Kcal
Tenderly Sautéed Lobster Wok Tossed in Spicy Thai Basil Sauce

▲ Panko Fried Crab Cake
Serving Size: 325 Gms | Calories per serving: 421 Kcal
Spiced Crab Cake with Kochi Prawn accompanied with Homemade Thai Herbs and Hint of Mayonnaise

THAI CURRIES

GAENG KIEW WAN | GLUTEN FREE · Thai Green Curry

● Vegetable
Serving Size: 345 Gms | Calories per serving: 383 Kcal

▲ Prawn
Serving Size: 345 Gms | Calories per serving: 280 Kcal

▲ Chicken
Serving Size: 345 Gms | Calories per serving: 280 Kcal

● VEGETARIAN ▲ NON-VEGETARIAN

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THAI SPECIALITY MENU

GAENG PHED | GLUTEN FREE · Thai Red Curry

- Vegetable
  Serving Size: 345 Gms | Calories per serving: 383 Kcal
- Prawn
  Serving Size: 345 Gms | Calories per serving: 280 Kcal
- Chicken
  Serving Size: 345 Gms | Calories per serving: 280 Kcal

GAENG KAREE | GLUTEN FREE · Thai Yellow Curry

- Vegetable
  Serving Size: 345 Gms | Calories per serving: 387 Kcal
- Prawn
  Serving Size: 345 Gms | Calories per serving: 280 Kcal
- Chicken
  Serving Size: 345 Gms | Calories per serving: 280 Kcal
- Gaeng Massaman Nua Kae
  Serving Size: 345 Gms | Calories per serving: 374 Kcal
  Massaman Curry with Lamb and Cashew Nuts
- Prawn Penang Curry
  Serving Size: 345 Gms | Calories per serving: 378 Kcal

THAI JUNGLE CURRY (RED CURRY PASTE USED) · Thai Herb Flavoured Curry without Coconut Milk

- Tofu
  Serving Size: 345 Gms | Calories per serving: 387 Kcal
- Prawn
  Serving Size: 345 Gms | Calories per serving: 280 Kcal
- Chicken
  Serving Size: 345 Gms | Calories per serving: 280 Kcal

VEGETARIAN NON-VEGETARIAN

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THAI SPECIALITY MENU

MAIN COURSE

- Vegetable Kra Pao
  Serving Size: 320 Gms | Calories per serving: 354 Kcal
  Stir Fried Vegetables in Chilli Basil Sauce

- Tofu Phad Phak Prik Thai Dom
  Serving Size: 320 Gms | Calories per serving: 389 Kcal

- Gai Phad Kra Pao
  Serving Size: 345 Gms | Calories per serving: 588 Kcal
  Stir Fried Minced Chicken with Thai Basils and Bird Eye Chillies

- Sliced Lamb Kra Pao
  Serving Size: 325 Gms | Calories per serving: 769 Kcal
  Delicately Fried Sliced Lamb Stir-fried with Sweet Basils, Garlic and Thai Bird Eye Chillies

- Kae Phad Prik Gaeng
  Serving Size: 345 Gms | Calories per serving: 483 Kcal
  Tenderly Fried Sliced Lamb and Haricot Stir-Fried with Mildly Spiced Thai Red Curry Paste

RICE AND NOODLES

PHAD THAI · Wok Fried Rice Noodles in Sweet and Spicy Tamarind Sauce with Peanuts

- Vegetable
  Serving Size: 365 Gms | Calories per serving: 280 Kcal

- Prawn
  Serving Size: 365 Gms | Calories per serving: 280 Kcal

- Chicken
  Serving Size: 365 Gms | Calories per serving: 280 Kcal

KHAO PHAD · Spicy Thai Fried Rice with Sweet Basil and Julienne Tomato

- Vegetable
  Serving Size: 365 Gms | Calories per serving: 280 Kcal

VEGETARIAN NON-VEGETARIAN

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THAI SPECIALITY MENU

RICE AND NOODLES · CONTINUED

- Prawn
  Serving Size: 365 Gms | Calories per serving: 280 Kcal
- Crab
  Serving Size: 365 Gms | Calories per serving: 280 Kcal
- Chicken
  Serving Size: 365 Gms | Calories per serving: 280 Kcal
- Steamed Jasmine Rice
  Serving Size: 357 Gms | Calories per serving: 272 Kcal

THAI SIGNATURE

- Pla Neung Manao
  Serving Size: 345 Gms | Calories per serving: 280 Kcal
  Thai Herb Flavoured Steamed Fish with Nam Pla
- Prawn with Dry Shrimp and Kaffirlime in Roasted Chilli Sauce
  Serving Size: 325 Gms | Calories per serving: 280 Kcal

DESSERT

- Rambutan Crème Brûlée
  Serving Size: 120 Gms | Calories per serving: 280 Kcal
- Kafir Lime Burnt Cream
  Serving Size: 120 Gms | Calories per serving: 280 Kcal
- Fresh Tender Coconut Ice Cream
  Serving Size: 120 Gms | Calories per serving: 280 Kcal
- Cheese Cake
  Serving Size: 120 Gms | Calories per serving: 280 Kcal
  Asian Stewed Berries, Kaffirlime Crunch and Cream Cheese Ice Cream
- Chocolate Fondant with Tender Coconut Ice Cream
  Serving Size: 120 Gms | Calories per serving: 280 Kcal

VEGETARIAN NON-VEGETARIAN

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THAI SPECIALITY MENU

DESSERT · CONTINUED

- Tub Tim Krob | Gluten Free
  Serving Size: 120 Gms | Calories per serving: 280 Kcal
  Jellied Water Chestnut with Litchi and Coconut Cream

- Woon Kathi
  Serving Size: 120 Gms | Calories per serving: 280 Kcal

- Selection of Homemade Ice Cream
  Serving Size: 120 Gms | Calories per serving: 280 Kcal
  Black Seasame / Pabana / Cream Cheese Ice Cream

- Selection of Homemade Sorbet | Vegan and Gluten Free
  Serving Size: 120 Gms | Calories per serving: 280 Kcal
  Guava / Passion Fruit / Mandarin/Wasabi

Expat Chef Piched Paoleng brings together a culinary tour-de-force, mapping unique dishes from the different regions of Thailand. Savour gourmet dishes that honour rich culinary traditions of Thailand.

VEGETARIAN NON-VEGETARIAN

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