COBURG BAR

THE CONNAUGHT

BREAKFAST · ALL DAY · NIGHT

BREAKFAST

Available until 11:30am

MORNING SHAKES & JUICES

Green Boost 18
242Kcal
Almond Milk, Avocado, Green Apple, Spinach, Dates, Banana

Fitness & Protein Shake 18
131Kcal
Omega Seed Butter, Organic Chia, Dates, Almond Milk, Blueberry, Hemp

Green Juice 14
66Kcal
Granny Smith Apple, Cucumber, Lemon & Ginger

Turmeric Tonic 14
204Kcal
Turmeric Root, Acacia Honey, Lime, Himalaya Salt

BOWLS

Bircher Muesli 15
227Kcal
Apples, Brazil Nuts

Granola & Yoghurt 18
229Kcal

Add Seasonal Berries +9

Porridge 14
370Kcal
Choice of: Berries, Brazil Nuts, Flaked Almonds, Bananas, Sultanas or Honey, Made with Milk or Water

Organic Gluten Free Porridge 16
63Kcal
Hemp Seeds, Nuts, Dates Bee Pollen, Goji Berries. Blueberries

VEGETARIAN VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

BREAKFAST

BOWLS · CONTINUED

Vanilla Chia Bowl — 18.5
143Kcal
Seasonal Fruits, Dates, Cacao, Brazil Nuts, Coconut Milk

Açai Bowl — 18
434Kcal
Coconut Yoghurt, Banana, Cacao Nibs

SWEET

French Brioche Toast — 24
328Kcal
Roasted Fruit

Butter Milk Pancakes — 24
304Kcal
Seasonal Berries, Banana

Homemade Pastry Selection — 19
614Kcal
Croissant, Pain Au Chocolate, Chausson aux Pommes, Danish

EGG DISHES

Truffle Scrambled Eggs — 40
369Kcal

Scrambled Eggs Oak Smoked Salmon — 30
461Kcal

Eggs Royal Salmon — 28
433Kcal

Eggs Florentine Spinach — 25
380Kcal

VEGETARIAN VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

BREAKFAST

EGG DISHES · CONTINUED

Eggs Benedict Ham — 28
420Kcal

Omelette — 28
338Kcal
Choice of fillings: Tomatoes, Onions, Peppers, Mushrooms, Cheese, or Ham

Two eggs — 17
Fried, Poached, Scrambled

SIDES

Toast, Jam & Butter — 7
341 Kcal
White or Brown or Granary, Jam & Butter

ON SEEDED GRANARY TOAST

Avocado — 21
399Kcal
Sunflower Seeds, Lime & Chilli

Add 2 Poached Eggs — +10
465Kcal

Add Oak Smoked Salmon — +16
528Kcal

VEGETARIAN VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

COBURG BAR MENU

Available until 10.30 pm

CAVIAR

Imperial Beluga, 30g 505 Kcal	360
Imperial Oscietra Gold, 30g 505 Kcal	170
Cheshire mine salted, Imperial Baeri, 30g 554 Kcal	115
Egg Toast Caviar 133 Kcal Imperial Oscietra Gold, Herbs, Brioche Bread	47

All served with Organic Eggs, Crème Fraiche, Chives, Blinis, Crackers

CANAPÉS

⊡ Goat Cheese, Star Anise & Orange Jam, Parmesan-Almond Crostini 397 Kcal	21
Jamón Ibérico de Bellota on Crystal Bread, Tomato Chutney 125 Kcal	25
Prawn Croquette, Green Curry & Lemongrass Sauce, Coconut 554 Kcal	25
Timur Glazed Chicken, Honey-Miso Mayonnaise, Pickled Chilli 351 Kcal	25

Any 3 below for £65

RAW

Guillardeau Oysters, Mignonette Sauce, Lemon, 3 Pieces 98 Kcal	26

⊡ VEGETARIAN ⊙ VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

COBURG BAR MENU

RAW · CONTINUED

Yellowfin Tuna Tartare, Papaya, Ají Amarillo, Toasted Corn Nuts — 35
238 Kcal

Scottish Oak Smoked Salmon, Lemon Cream & Blinis — 29
38 Kcal

CRISPY SUSHI

Crispy Salmon Sushi (4 pieces), Chipotle Mayonnaise, Soy Glaze — 25
430 Kcal

Crispy Avocado Sushi (4 pieces), Avocado, Coriander Cress — 25
293 Kcal

Crispy Beef Tataki Sushi (4 pieces), Truffle Emulsion, Angel Hair Chilli — 25
536 Kcal

Selection of 2 pieces of each for £35

COLD MEATS

Ibérico Bellota, Hand-Carved Ham — 77
1,081 Kcal

Hereford Beef Carpaccio, Parmesan Cheese, Pickled Shimeji, Onion Rings — 36

SOUPS

Chilli Chicken Ramen, Shimeji Mushrooms, Spring Onions, Lime Juice, Spicy Chicken Broth, Shichimi — 37
830 Kcal

Mushrooms Noodle Broth, Sprouting Broccoli, Coriander, Lime Juice, Seared Tofu — 29
574 Kcal

VEGETARIAN VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

COBURG BAR MENU

SOUPS · CONTINUED

Farmer's Vegetable soup, Seasonal Vegetables, Herb Oil — 22
128 Kcal

Butternut Squash Soup, Wild Mushroom, Chestnut Foam — 25
137 Kcal

PIZZA

Black Truffle Pizza, Fontina Cheese — 42
921 Kcal

Tomato & Mozzarella Pizza, Basil, Chili Flakes — 28
773 Kcal

Available until 10.30 PM

SALADS

Caesar Salad, Iceberg Lettuce, Anchovies, Croutons, Parmesan — 31
1,116 Kcal

Superfood Salad, Purple Gem Lettuce, Kale, Avocado, Cucumber, Edamame Beans, Goji Berries, Sunflower Seeds, Pickled Shimeji, Lemon & E.V. Olive Oil — 31
334 Kcal

Warm Poached Lobster, Frisée Lettuce, Honeycrisp Apple, Truffle Vinaigrette — 52
303 Kcal

Connaught Cobb, Chicken Breast, Boiled Egg, Avocado, Bacon, Blue Cheese — 36
884 Kcal

Add French Organic Chicken — 26
346 Kcal

Add Scottish Salmon — 26
391 Kcal

VEGETARIAN VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

COBURG BAR MENU

SALADS · CONTINUED

Add Atlantic Prawns — 26
77 Kcal

Add Organic Firm Tofu — 17
189 Kcal

SANDWICHES

Sakura Wagyu Beef (sirloin) Sandwich, Pickled Mooli, Chipotle, Brioche — 88
1,177 Kcal

Connaught Cheeseburger, Smoked Idiazabal Cheese, Sesame Seed Bun, Special Tomato Relish — 41
1,063 Kcal

Scottish Lobster Roll, Lobster Bisque Emulsion, Dill Cream — 45
842 Kcal

Classic Club Sandwich, Chicken, Turkey Bacon, Eggs, Tomato. Lettuce — 37
957 Kcal

[•] Vegetarian Club Sandwich, Avocado, Tomato, Artichokes, Pain de Mie — 30
978 Kcal

All Served with French Fries

CROQUE MONSIEUR

Comté Cheese & Ham — 30
1,109 Kcal

Comté Cheese, Ham & Truffle — 41
1,162 Kcal

All Served with French Fries

[•] VEGETARIAN [o] VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

COBURG BAR MENU

FROM THE GRILL

Cornish Dover Sole, 700gr — 84
566 Kcal

Cornish Sea Bass, 160gr — 54
555 Kcal

Cornish Lamb Chops, 250gr — 52
753 Kcal

Hereford Beef Sirloin 250gr — 54
657 Kcal

Served with Peppercorn Sauce, Béarnaise Sauce or Beurre Blanc

SIDES

Chips — 12
487 Kcal

Mash Potatoes 346 Kcal (v) · Spinach 28 Kcal (v) · Mixed Salad 54 Kcal (ve)

◎ Steamed Seasonal Vegetables — 11
23 Kcal

⊡ Truffle Cheese Fries, Parmesan Cheese — 19
766 Kcal

CHEESE

SELECTION OF 2 OR 5

Comte 28 Months, Montgomery Cheddar, Brillat Savarin, Dorstone Goat's Cheese, Colston Bassett Stilton, Tomato Chutney & Crackers — 12/30
93/ 233 Kcal

⊡ VEGETARIAN ◎ VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

COBURG BAR MENU

DESSERTS

	Citrus Tartlet. Lemon Curd, Yoghurt & Lime Sorbet 451 Kcal	23
	Mille Feuille, Vanilla Ice Cream, Caramelised Pecans 659 Kcal	25
	Chocolate Fondant, Vanilla Ice cream 633 Kcal	23
	Selection of Ice Creams (Vanilla, Chocolate, Pistachio) 548 Kcal	16
◎	Selection of Sorbets (Lemon, Strawberry, Coconut, Mango) 248 Kcal	16

⊙ VEGETARIAN ◎ VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

NIGHT MENU

Available till 00:15 am Monday to Saturday · Available till 23:15 pm Sunday

CANAPÉS

⊡	Goat Cheese, Star Anise & Orange Jam, Parmesan-Almond Crostini 397 Kcal	21
	Jamón Ibérico de Bellota on Crystal Bread, Tomato Chutney 125 Kcal	25
	Prawn Croquette, Green Curry & Lemongrass Sauce, Coconut 554 Kcal	25
	Timur Glazed Chicken, Honey-Miso Mayonnaise, Pickled Chilli 351 Kcal	25

Any 3 below for £65

CRISPY SUSHI

	Crispy Salmon Sushi (4 pieces), Chipotle Mayonnaise, Soy Glaze 311 Kcal	25
⊡	Crispy Avocado Sushi (4 pieces), Avocado, Coriander Cress 311 Kcal	25
	Crispy Beef Tataki Sushi (4 pieces), Truffle Emulsion, Angel Hair Chilli 311 Kcal	25

Selection of 2 pieces of each for £35

RAW

	Yellowfin Tuna Tartare, Papaya, Ají Amarillo, Toasted Corn Nuts 238 Kcal	35

SALADS

	Caesar Salad, Iceberg Lettuce, Anchovies, Croutons, Parmesan 1,116 Kcal	31

⊡ VEGETARIAN ⊡ VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

NIGHT MENU

SALADS · CONTINUED

⊙	Superfood Salad, Purple Gem Lettuce, Kale, Avocado, Cucumber, Edamame Beans, Goji Berries, Sunflower Seeds, Pickled Shimeji, Lemon & E.V. Olive Oil 334 Kcal	31
	Warm Poached Lobster, Frisée Lettuce, Honeycrisp Apple, Truffle Vinaigrette 303 Kcal	52
	Add French Organic Chicken 346 Kcal	26
	Add Scottish Salmon 391 Kcal	26
	Add Atlantic Prawns 77 Kcal	26
	Add Organic Firm Tofu 189 Kcal	17

SANDWICHES

	Sakura Wagyu Beef (sirloin) Sandwich, Pickled Mooli, Chipotle, Brioche 879 Kcal	88
	Connaught Cheeseburger, Smoked Idiazabal Cheese, Sesame Seed Bun, Special Tomato Relish 1,063 Kcal	41
	Scottish Lobster Roll, Lobster Bisque Emulsion, Dill Cream 842 Kcal	45
	Classic Club Sandwich, Chicken, Turkey Bacon, Eggs, Tomato, Lettuce 957 Kcal	37
⊡	Vegetarian Club Sandwich, Avocado, Tomato, Artichokes, Pain de Mie 269 Kcal	30

All Served with French Fries

⊡ VEGETARIAN ⊙ VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.

NIGHT MENU

CROQUE MONSIEUR

Comté cheese & ham — 30
1,441 Kcal

Comté cheese, ham & truffle — 41
1,442 Kcal

All Served with French Fries

SIDES

Chips — 12
130 Kcal

Mash Potatoes 346 Kcal, Spinach 28 Kcal, Mixed Salad 54 Kcal — 11

Steamed Seasonal Vegetables
23 Kcal

Truffle Cheese Fries, Parmesan Cheese — 19
213 Kcal

CHEESE

SELECTION OF 2 OR 5

Comte 28 Months, Montgomery Cheddar, Brillat Savarin, Dorstone Goats Cheese, Colston Bassett Stilton, Tomato Chutney & Crackers — 12/30
93/233 Kcal

VEGETARIAN VEGAN

Please inform us of any allergies and / or dietary requirements. Calorie figures are approximate.
All prices are inclusive of VAT at the current rate. A discretionary service charge of 15% will be added to your bill.