ATRIUM BAR & LOUNGE

TAJ LANDS END

MENU

Reminiscent of Mumbais dynamic culture, the Atrium Bar & Lounge invites you to experience the maximum city on your plate. From aromatic street-food to the suave dining rooms of world-cuisine, the menu boasts of a distinct mélange of local and international flavours. Making its way in to the culinary repertoire of Atrium Bar & Lounge, are our signature smoothies whipped up for your every mood as well as a wide selection of first flush teas and single origin coffees. Whatever the day may bring, we will be waiting to welcome you. #AtriumAnytime

MENU

TEA 860

Mystical Darjeeling
4.76 kcal | 100 ml

'the champagne of teas', harvested exclusively in the Himalayas, delicately enhanced by a fragrant and vibrant sparkling taste, creating an exquisite daytime tea

Imperial Earl Grey
5.11 kcal | 100 ml

a reserved classic with a unique fusion of fragrant black tea with natural bergamot oil, evoking a citrus harmony which has made it a customary cup in England, now rejoiced all over the world

Chamomile
4 kcal | 100 ml

with gentle notes of apple, a mellow honey-like sweetness & a silky yet delicately floral mouthfeel, this herbal cup remains wonderfully soothing from the very first sip

Green Tea
4 kcal | 100 ml

Assam
4.5 kcal | 100 ml

English Breakfast Tea
4 kcal | 100 ml

Kadak Masala
23.22 kcal | 100 ml

'a cuppa comfort', the customary cup of classic Indian 'chai' expertly blended with select aromatic spices

Kashmiri Kahwa
12 kcal | 100 ml

traditional Kashmiri tea with a very delicate taste flavoured with cardamom and infused with cloves, cinnamon, and saffron

Little Buddha
4 kcal | 100 ml

mesmerizing blend of subtle green sencha with cooling spices and fresh fruity notes

VEGETARIAN NON-VEGETARIAN

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TEA · CONTINUED

Detox Tea
8 kcal | 100 ml
honey, lemon and ginger to soothe and rejuvenate the soul

Jasmine
2 kcal | 100 ml
fragrant yet elegantly restrained, this is a prime infusion; ideal for a warm summer day

Taj House Blend
4 kcal | 100 ml
unique blend of the Assam tea and Darjeeling tea offering a full bodied concoction with an elegant flavour

Peppermint Tea
2 kcal | 100 ml
sharp and distinct aroma and flavour of natural peppermint. A great infusion to calm the body

COFFEE 860

Espresso Romano
10.14 kcal | 100 ml
espresso served with lemon peel

Doppio
10.14 kcal | 100 ml
a double shot of espresso

Macchiato
17 kcal | 100 ml
espresso topped with velvety milk foam

Cortado
22.8 kcal | 100 ml
equal parts espresso and steamed milk

Americano
10.14 kcal | 100 ml

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COFFEE · CONTINUED

Café Latte
49.79 kcal | 100 ml
espresso with a liberal measure of steamed milk

Cappuccino
37.68 kcal | 100 ml
espresso with steamed milk topped with velvety milk foam choice of flavours

Signature Cold Coffee
106.86 kcal | 100 ml
an intriguing combination of iced coffee, cream & milk

Café Mocha
52.60 kcal | 100 ml
espresso blended with cocoa and milk

South Indian Filter Coffee
45.65 kcal | 100 ml
South Indian coffee drink made by mixing frothed, steamed milk with the coffee infusion from a traditional Indian filter

Affogato
217 kcal | 100 ml
a shot of espresso with a dollop of ice cream

Decaf Coffee
43.68 kcal | 100 ml

SINGLE ORIGIN COFFEE 970

Jamaican Blue Mountain
0 kcal | 100 ml
with an intense almost sweet flavour, smooth full-bodied taste; best served black

Colombian Excelso
10 kcal | 100 ml
with an extremely well-defined balance of body and tartness

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SINGLE ORIGIN COFFEE · CONTINUED

Indian Peaberry
10 kcal | 100 ml

undoubtedly India's finest ambassador to the world of coffee; a profoundly well balanced cup with a bright tart tang; best served with milk

Aged Monsoon Malabar
10 kcal | 100 ml

modern harvesting and monsoon practices allow these beans to marvellously swell and mature, giving it a distinctive flavour; a perfect cup with dessert

Ethiopian Sidamo
10 kcal | 100 ml

from the quintessential birthplace of coffee, its bold flavours are reinforced with subtle overtones of chocolate; best served black

FRESH JUICES 880

Orange
56.22 kcal | 100 ml

Pineapple
60.18 kcal | 100 ml

Watermelon
40.74 kcal | 100 ml

Tender Coconut Water
18 kcal | 100 ml

HOT CHOCOLATE 965

Belgian Hot Chocolate
91.48 kcal | 100 ml

as conventional & heart-warming as they come, using only the finest Belgian callebaut dark chocolate

Nutella Magic
128.41 kcal | 100 ml

sinful hazelnut cream with chocolate, a heavenly delight

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HOT CHOCOLATE · CONTINUED

Citrus Hot Chocolate
107.21 kcal | 100 ml
the natural sweetness in orange complements the rich bitterness of chocolate, a timeless combination

CHOICE OF MILK 60

Skim Milk
35 kcal | 100 ml

Almond Milk
16 kcal | 100 ml

Soya Milk
34.4 kcal | 100 ml

ATRIUM BAKES

Coffee with Croissant 1135
420 kcal | 100 gms
pair a coffee of your choice with a freshly baked buttery croissant

LOUNGE FAVOURITES

Truffle Scented Mushroom Tartlets 1465
495 kcal | 150 gms
baked herb-butter crust, mushroom & parmesan ragout

Sev Poori 1315
388.2 kcal | 184 gms
crisp pooris, potatoes, assorted chutnies, barik sev, chillies

Paani Poori 1315
621.55 kcal | 250 gms
puffed semolina crisps, spicy moong, chickpeas, potatoes, tangy mint water

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LOUNGE FAVOURITES · CONTINUED

- Edamame Tikki Chaat — 1315
  887.83 kcal | 258 gms
  crisp edamame cakes, assorted chutnies, onions, ginger, chilli

- Bombay Garlic & Cheese Pull-Apart Bread — 1315
  661.52 kcal | 230 gms
  TLE brioche-sourdough, sukha lehsun chutney, melted cheese

- Dahi Papdi Chaat — 1315
  1125.93 kcal | 390 gms
  crisp pooris, potatoes, sweetened curd, assorted chutnies, barik sev

- Mumbai Bhel — 1315
  666.73 kcal | 294 gms
  sweet, spicy & tangy – a medley of puffed rice, crisps, potatoes, onions, chillies

- Dahi Batata Poori — 1315
  618.61 kcal | 286 gms
  puffed semolina crisps, potatoes, assorted chutnies, sweetened curd, barik sev

- Ms. Momaya's Avocado-on-Toast — 1315
  237.44 kcal | 109 gms
  open multi-grain slice, tomatoes, feta, basil, balsamic-evoo vinaigrette

- Crispy Cottage Cheese Croquettas — 1375
  772.41 kcal | 238 gms
  desi – ajwain, kasoori methi, ginger, chilli, garam masala, mint chutney

- Peri Peri Spiced Vegan Nuggets — 1465
  457.64 kcal | 158 gms
  blue tribe soy protein nuggets, bbq sauce

- Thyme & Parmesan Fries — 915
  825.88 kcal | 212 gms

- Cajun Spiced Potato Wedges — 915
  381.30 kcal | 201 gms

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The Atrium Hummus Bowl

chickpea-garlic-toasted sesame puree, with choice of toppings

- Ozpinera — 1375
  1109.94 kcal | 332 gms
  fresh tomato, kalamata olives, crumbled feta

- Za'atar Chicken — 1400
  1052.55 kcal | 332 gms
  paprika, cumin, parsley, extra virgin olive oil

- Cucumber & Feta Salad — 1465
  450.5 kcal | 362 gms
  fresh cucumber, tomato, onions, kalamata olives, feta, lime-olive oil-dressing

- Cucumber & Feta Salad with Smashed Chicken — 1535
  1379.75 kcal | 440 gms

- Akuri Pav — 1585
  1046.4 kcal | 309 gms
  cooked to order – parsi style soft scrambled eggs with onion-tomato masala

- Gamberri All' Aglio — 1775
  589.84 kcal | 209 gms
  pan-seared shrimps, garlic, olive oil, lime, butter, parsley, garlic toast

- Bandra spiced Fish Fingers — 1775
  511.13 kcal | 237 gms
  crisp fried masala marinated river sole, pickled chilli tartare sauce

- Atrium Spicy Chicken — 1775
  805.2 kcal | 271 gms
  'crunchy, tangy & spicy', chilli-ginger-garlic marinade, spicy aioli

- Bazaar Rd. Mutton Patti Samosa — 1775
  656.92 kcal | 220 gms
  home-made – crisp parcels, masala mince, mint chutney

- Parsi Chicken Cutlets — 1775
  481.86 kcal | 229 gms
  lacy egg & rawa coating, cheese, khattu-meetu chutney

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LOUNGE FAVOURITES · CONTINUED

▲ Chapel Rd. Spicy Choriz on Toast — 1775
782.48 kcal | 246 gms
smoked, rich & tangy – pork choriz with onions, garlic, potato, fresh coriander

THE BANDRA TRAILS HI-TEA

served exclusively from 3:30 pm to 5:30 pm

The Bandra Trails Hi-Tea — 2655
serving size & calorie count will vary
a single serving is a collection of light sandwiches, savoury bites from 'n' around Bandra, quiche & turn-over of the day, scones, mawa cake, cookies & pastries, accompanied by tea or coffee for 2.

BETWEEN THE LOAVES

● Bandra's 'Very Own' Burger — 1515
755.3 kcal | 297 gms
tawa-fried masala vegetable patty, fresh onions, mint chutney, tamarind chutney

● Our Grilled Chutney & Cheese — 1515
702.5 kcal | 198 gms
mint chutney, atrium house-made masala, crispy bits, white bread

● Classic Tomato & Cheddar Sandwich — 1515
745.92 kcal | 298 gms
fresh tomatoes, aged cheddar, multi-grain bread, choice of plain or toasted

● Mumbai Veggie Toastie — 1515
641.6 kcal | 297 gms
sliced vegetables, cheese, mint chutney, whole wheat bread

● Quesadilla — 1515
751.452 kcal | 390 gms
pan-seared flour tortilla, pico-di-gallo, guacamole, melted cheese

▲ Smoked Chicken Quesadilla — 1645
866.6 kcal | 422 gms

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BETWEEN THE LOAVES · CONTINUED

▲ Kheema Anda 'Sando' — 1645
906.39 kcal | 256 gms
dry-cooked spiced lamb mince, onions, chillies, fried egg, pickled cucumber pan-grilled in shokupan milk bread

▲ Classic Chicken Sandwich — 1645
782.8 kcal | 345 gms
slow roasted, grain mustard, scallions, home-made mayo, prepared plain in white bread

▲ Atrium Chicken Mini-Dogs — 1645
638.12 kcal | 259 gms
mini-hot dog bun, chicken sausage, mayonnaise, mustard, caramelized onions

▲ Kairi Nu Poro Pav — 1585
493.53 kcal | 246 gms
parsi omelette, chopped raw mango, in-house baked bread, potato crisps

DESSERTS

● Seasonal Sliced Fruits — 965
268.7 kcal | 539 gms

● Atrium Falooda — 965
760.7 kcal | 306 gms
vanilla ice cream, rose flavoured milk, nuts

● Hot Fudge Sundae — 965
330.73 kcal | 144 gms
dark chocolate fudge, vanilla ice cream, toasted almonds, cashew

▲ Home-made Jam Swiss Roll — 965
833.89 kcal | 253 gms
custard sauce

▲ Almond Flour Chocolate Cake à la Mode - Gluten Less — 965
518.06 kcal | 166 gms
Belgian chocolate, cherry compote, vanilla ice cream

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DESSERTS · CONTINUED

▲ Mayo's Favourite Cake Custard — 965
796.61 kcal | 202 gms

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