GOOD EARTH

TAJ HARI MAHAL

MENU

GOOD EARTH

STARTERS · NON VEGETARIAN

▲ Chicken, Chilli Mountain, Schezwan Corn *(SO)(GL)(EG)* — 1150
335 kcal | 190 gms

▲ Crispy Fried Chicken Tossed in a Spicy Chilli Honey Sauce *(SE)(GL)(EG)* — 1150
381 kcal | 190 gms

▲ Chicken Spring Roll *(EG)(SO)(GL)* — 1150
375 kcal | 190 gms

▲ Konji Crispy Lamb with Sesame Seeds *(EG)(SO)(GL)(SE)* — 1200
754 kcal | 180 gms

▲ Stir Fried Lamb, Chilli Powder, Cumin *(EG)(SO)(GL)* — 1200
1209 kcal | 180 gms

▲ Crispy Fish Honey Chilli *(SE)(SO)(EG)(GL)(FI)* — 1450
702 kcal | 190 gms

▲ Lobster in Xo Sauce *(SO)(CR)(EG)(GL)* — 2200
315 kcal | 180 gms

▲ Dry Cooked Prawn Tossed with Ginger Onion Sauce *(CR)(EG)(GL)* — 1800
314 kcal | 190 gms

▲ Jumbo Golden Fried Prawn *(SE)(CR)(EG)(GL)* — 2200
1083 Kcal | 200 gms

▲ Seafood Platter *(SE)(CR)(EG)(GL)(FI)(SO)* — 2650
981 Kcal | 220 gms
Prawn, fish, crab meat, calamari

STARTERS · VEGETARIAN

● Vegetable Spring Roll with Hot Garlic Sauce *(SO)(GL)* — 1100
1569 kcal | 180 gms

● Crispy Corn Kernels *(SO)* — 1100
649 kcal | 170 gms

● VEGETARIAN ▲ NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person

GOOD EARTH

STARTERS · VEGETARIAN · CONTINUED

- Crispy Potato with Chilli Sauce *(SO)(GL)* — 1100
  1280 kcal | 170 gms
- Lotus Stem Honey Chilli *(SO)(GL)(SE)* — 1100
  670 kcal | 180 gms
- Vegetables Salt and Pepper *(SO)(GL)* — 1100
  262 kcal | 297 gms
- Crispy Fried Won Ton with Szechuan Sauce *(SO)(GL)* — 1100
  314 kcal | 190 gms
- Silken Tofu with Cashew Nut and Dry Red Chilli *(SO)(GL)(NU)* — 1100
  318 kcal | 221 gms
- Stir Fried Bean Curd, Butter Garlic *(SO)(GL)* — 1100
  318 kcal | 221 gms

SOUP

- Tom Yum Chicken *(SO)* — 600
  146 kcal | 240 ml
- Chicken, Clear Soup *(SE)(EG)* — 600
  255 kcal | 240 ml
- Miso Soup *(GL)(SO)(EG)* — 650
  114 kcal | 240 ml

Hot and Sour Soup

- Seafood *(GL)(SO)(EG)(FI)* — 600
  145 kcal | 240 ml
- Chicken *(GL)(SO)(EG)* — 550
  90 kcal | 240 ml
- Vegetable *(GL)(SO)* — 500
  61 kcal | 240 ml

VEGETARIAN NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person

GOOD EARTH

Sweet Corn Soup

▲	Seafood 89 kcal | 240 ml	600
▲	Chicken *(EG)* 105 kcal | 240 ml	550
●	Vegetable 184 kcal | 240 ml	500

Lemon Coriander Soup

▲	Seafood *(FI)(EG)* 101 kcal | 240 ml	600
▲	Chicken *(EG)* 278 kcal | 240 ml	550
●	Vegetable 58 kcal | 240 ml	500

Manchow Soup

▲	Seafood *(CR)(EG)(SO)(FI)(GL)* 88 kcal | 240 ml	600
▲	Chicken *(SO)(EG)(GL)* 258 kcal | 240 ml	550
●	Vegetable *(GL)* 163 kcal | 240 ml	500

Clear Noodle Soup

▲	Seafood *(GL)(FI)(CR)* 141 kcal | 240 ml	600
▲	Chicken *(GL)(EG)* 27 kcal | 240 ml	550
●	Vegetable *(GL)* 43 kcal | 240 ml	500

● VEGETARIAN ▲ NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person

GOOD EARTH

CRYSTAL CLEAR DIM SUMS

▲	Chicken Aromatic and Spring Onion Dim Sum 725 kcal | 190 gms	1150
●	Chicken, Bell Peppers and Spring Onion Dumpling 730 kcal | 190 gms	1150
▲	Prawn and Chicken Siu Mai *(CR)* 384.32 kcal | 200 gms	1250
●	Broccoli and Cheese Dim Sum *(MI)* 551 kcal | 190 gms	1050
●	Asparagus and Corn Dumpling *(MI)* 453 kcal | 190 gms	1050
▲	Truffle Edamame Dim Sum *(MI)* 437 kcal | 200 gms	1050

MAIN COURSE · NON VEGETARIAN

▲	Pan-Fried Fish in Chilli Black Bean Sauce *(SO)(GL)(FI)(EG)* 310 kcal | 380 gms	1550
▲	Steamed Fish with Oyster Soya Ginger *(SO)(GL)(FI)(EG)* 261 kcal | 390 gms	1550
▲	Hong Kong Style Fish *(SO)(GL)(FI)(EG)* 273 kcal | 390 gms	1550
▲	Szechuan Pepper Prawn *(SO)(GL)(CR)(EG)* 885 kcal | 400 gms	2250
▲	Wok Tossed Prawn *(SO)(GL)(CR)(EG)* 442 kcal | 400 gms	2250
▲	Black Bean Chilli Prawn *(EG)(SO)(GL)(CR)* 358 kcal | 400 gms	2250

● VEGETARIAN ▲ NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person

GOOD EARTH

MAIN COURSE · NON VEGETARIAN · CONTINUED

Kung Pao Chicken *(SO)(GL)(NU)(EG)* 904 kcal | 410 gms	1450
Diced Chicken, Broccoli, Chilli Butter Garlic *(SO)(GL)(MI)(EG)* 438 kcal | 400 gms	1450
Stir Fried Slice Chicken *(SO)(GL)(EG)* 536 kcal | 400 gms	1450
Wok Fried Chicken, Hot Butter Bean Sauce *(MI)(GL)(EG)* 598 kcal | 400 gms	1450
Sweet and Sour Chicken *(SO)(GL)(EG)* 1034 kcal | 400 gms	1450
Sliced Chicken with Shitake Mushroom *(SO)(GL)(EG)* 283 kcal | 410 gms	1450
Diced Chicken with Bamboo Shoot Mahalak Sauce *(SO)(GL)(EG)* 962 kcal | 410 gms	1450
Sliced Lamb in Hot Garlic Sauce *(SO)(GL)(EG)* 1064 kcal | 390 gms	1500
Shredded Lamb in Beijing Style *(SO)(GL)(EG)* 972 kcal | 390 gms	1500
Double Cooked Lamb in Hot Pepper Sauce *(SO)(GL)* 751 kcal | 390 gms	1500

MAIN COURSE · VEGETARIAN

Four Treasure Mushroom Ginger Chilli Sauce *(SO)(GL)* 300 kcal | 380 gms	1250
Wok Tossed Broccoli, Zucchini, Bell Pepper, Old Beijing Sauce *(SO)(GL)* 284 kcal | 390 gms	1250

VEGETARIAN NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person

GOOD EARTH

MAIN COURSE · VEGETARIAN · CONTINUED

- Wok Tossed Broccli, Water Chestnuts & Bamboo Shoot Fresh Red Chilli *(SO)(GL)* — 1250
  591 kcal | 390 gms
- Mapo Tofu *(SO)(GL)* — 1250
  444 kcal | 390 gms
- Bok Choy and Shitake Oyster Sauce *(SO)(GL)* — 1250
  313 kcal | 321 gms
- Exotic Vegetables Cooked in Cantonese Style *(SO)(GL)* — 1250
  231 kcal | 400 gms
- Stir Fried Chinese Greens *(SO)(GL)* — 1250
  231 kcal | 400 gms
- Crispy Noodles Sweet & Sour Vegetables *(SO)(GL)* — 1250
  259 kcal | 400 gms
- Wok Fried Chinese Greens in Hot Garlic Sauce *(SO)(GL)* — 1250
  360 kcal | 390 gms
- Haricot Beans in Shanghai Sauce *(SO)(GL)* — 1250
  439 kcal | 390 gms

THAI

KAENG KHIAO WAN

Thai green curry with choice of option served with basmati steam rice

- Pak (Vegetable) *(MI)* — 1500
  745 kcal | 390 gms
- Gai (Chicken) *(EG)(MI)* — 1600
  795 kcal | 390 gms
- Goong (Prawn) *(MI)(EG)(CR)* — 1800
  825 kcal | 390 gms

VEGETARIAN NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person

GOOD EARTH

KAENG PHET

Thai red curry with choice of option served with a basmati steam rice

- Pak (Vegetable) *(MI)* — 1500
  745 kcal | 390 gms
- Gai (Chicken) *(EG)(MI)* — 1600
  795 kcal | 390 gms
- Goong (Prawn) *(MI)(EG)(CR)* — 1800
  825 kcal | 390 gms

RICE AND NOODLES

Dan Dan Noodles

- Vegetable *(SO)(GL)* — 1000
  745 Kcal | 340 gms
- Chicken *(SO)(GL)(EG)* — 1100
  775 Kcal | 340 gms

Hakka Noodles

- Vegetable *(SO)(GL)* — 1000
  745 Kcal | 340 gms
- Chicken *(SO)(GL)(EG)* — 1100
  775 Kcal | 340 gms

Singaporean Rice Noodle

- Vegetable — 1000
  345 Kcal | 340 gms
- Chicken *(EG)* — 1100
  375 Kcal | 340 gms

Stir Fried Rice, Crunchy Burnt Garlic

- Vegetable *(SO)(GL)* — 1000
  281 kcal | 450 gms

VEGETARIAN NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person

GOOD EARTH

RICE AND NOODLES · CONTINUED

▲ Chicken *(SO)(GL)(EG)* 1100
425 kcal | 450 gms

DESSERTS

● Lemon Grass Crème Brulee *(MI)* 850
375 kcal | 160 gms

TOFFEE 850

Banana *(SE)(GL)(MI)*
748 kcal | 160 gms

Apple *(GL)(MI)(SE)*
787 kcal | 160 gms

Date Pancake with Vanilla Ice Cream *(GL)(MI)* 850
671 kcal | 140 gms

Darsan *(SO)(GL)(MI)* 850
925 kcal | 140 gms

Blueberry Cheese Cake *(MI)* 1050
368.73 Kcal | 160 gms

Choice of Ice Cream *(MI)* 750
155 kcal | 120 gms
(Vanilla, Strawberry, Chocolate, Coffee, Butterscotch)

● VEGETARIAN ▲ NON-VEGETARIAN

(MO) Molluscs · (EG) Eggs · (FI) Fish · (LU) Lupin · (SO) Soya · (MI) Milk · (PE) Peanuts
(GL) Gluten · (CR) Crustaceans · (MU) Mustard · (NU) Nuts · (SE) Sesame · (CE) Celery
(SU) Sulphites

Kindly inform us if you are allergic to any food ingredient.
All prices are in Indian Rupees & subject to Government taxes.
As per the guidelines issued by Food Safety & Standards Authority of India (FSSAI) an average active adult requires 2000 kcals of energy per day.
However, the actual calories needed may vary per person