KOKUM KITCHEN

TAJ FORT AGUADA

ALL-DAY DINING

TAJ FORT AGUADA · SINQUERIM · CANDOLIM · GOA

A KISMET MENU · TAJ FORT AGUADA RESORT & SPA, GOA

KOKUM KITCHEN

Multi-cuisine, all day

BREAKFAST

Eggs Cooked to Order — 675
441 Kcal | Fried / 397 Kcal | boiled / 437 Kcal | scrambled / 397 Kcal | poached 465 Kcal

omelet served with grilled bacon or chicken sausages and hash brown, sautéed spinach, grilled tomato Also available in only egg white preparation

Cut Fruit Platter — 675
152 Kcal

Seasonal fresh fruits

Idli — 675
605 Kcal

Steamed savory rice cakes served with sambar and chutney

Medu Vada — 675
551 Kcal

Lentil doughnut served with sambar and chutney

Breakfast Pancake — 675
540 Kcal | Cinnamon / 536 Kcal | banana / 535 Kcal | plain

Tawa Paratha — 625
Unleavened, stuffed Indian flat bread made with a choice of potato 409 Kcal, cottage cheese 470 Kcal or cauliflower 370 Kcal

Dosa / Uttapam — 600
451 Kcal

Plain or masala

Oatmeal — 525
459 Kcal | Skimmed / 422 Kcal | toned / 457 Kcal | soya milk

Cereals — 525
Toned milk-corn flakes 398 Kcal, choco's 496 Kcal, muesli 449 Kcal, wheat flakes 454 Kcal. Skimmed milk-corn flakes 424 Kcal, choco's 476 Kcal, muesli 413 Kcal, wheat flakes 418 Kcal. Soya milk-corn flakes 424 Kcal, choco's 476 Kcal, muesli 448 Kcal, wheat flakes 444 Kcal

Seasonal Fresh Fruit Juice — 375
170 Kcal | Watermelon, 440 Kcal | Pineapple, 336 Kcal | Orange, 299 Kcal | Sweet lime

VEGETARIAN NON-VEGETARIAN VEGAN

Portion size - Soup 200-220 gms, Salad 250-280 gms, Starters 180-200 gms, Main course 470-490 gms, Biryani 760-790 gms, Pizza 320-34 gms, Pasta 450-470 gms, Sandwich/Burgers 350-400 gms, Desserts 200-240 gms.
An average active adult requires 2000 Kcal energy per day, however calorie needs may vary.
Kindly inform our associates if you are allergic to any ingredients.
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SALAD AND SOUP

Cobb Salad — 900
896 Kcal
An American garden salad of chicken, bacon, lettuce, tomato, hardboiled egg, coriander onion with spring onion and buttermilk dressing

Smoked Chicken and Barley Salad — 800
818 Kcal
Smoked chicken, baby tomato, cheesy barley with lemon dressing

Manchao Chicken or Vegetable — 750 / 650
357 Kcal | 246 Kcal
Wholesome Chinese soup topped with crispy fried noodles

Caldo Sinquerim — 700
133 Kcal
Goan seafood broth

Salata Horiatiki — 800
742 Kcal
Classic Greek salad with greens, vegetables, feta cheese and olives

Tomato and Red Pepper Soup — 650
302 Kcal
Slow cooked plum tomato and red pepper soup

APPETIZERS

Teekhi Tandoori Pomfret — 1550
713 Kcal
Pomfret marinated with yoghurt and crushed spices, charred in clay oven

Mutton Seekh Kebab — 1300
1345 Kcal
Minced lamb skewered and cooked in a clay oven

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APPETIZERS · CONTINUED

▲ Malaysian Chicken Satey — 1295
747 Kcal
Tender chicken morsels with oriental spices

▲ Murgh Angara or Malai Tikka — 1200
518 KCal | 557 KCal
Chicken morsels marinated with hung curd and Indian spices or green cardamom flavored rich cream cooked in a clay oven

◎ Spider Web Pakoda — 950
1090 Kcal
Mixed vegetable gram flour crisps served with mint and tamarind chutney

● Lal Mirch ka Paneer Tikka / Kasoondi Paneer Tikka — 950
423 Kcal | 432 Kcal
Chunks of cottage cheese with yoghurt and Indian spices, cooked in a clay oven

● Lucknowi Hara Bhara Kebab — 900
1025 Kcal
Aromatic spinach and lentil patties coated with nuts

● Bharwan Til Wala Aloo — 900
968 Kcal
Cottage cheese, peas and nuts filled in potato barrels, coated with sesame seeds and cooked in a clay oven

SANDWICH, BURGER AND WRAPS

▲ Chicken Burger — 975
675 Kcal
Sesame bun, healthy greens, chicken patty with bacon or fried egg, sautéed onion, grilled peppers and mustard mayonnaise

▲ Chicken Kathi Roll — 975
602 Kcal
Oven roasted chicken wrap

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SANDWICH, BURGER AND WRAPS · CONTINUED

▲ Aguada Non Veg Club Sandwich — 975
1025 Kcal
Grilled chicken with bacon, lettuce, tomato, fried egg and mayonnaise in a triple decker of white or brown toast

● Mediterranean Vegetable Burger — 900
555 Kcal
Sesame bun, crispy vegetable and cottage cheese patty

● Panner Kathi Roll — 900
605 Kcal
Char grilled cottage cheese wrap

● Aguada Vegetable Club Sandwich — 900
830 Kcal
Grilled vegetables, lettuce, tomato and mayonnaise in a triple decker of white or brown toast

○ French Fries — 450
610 Kcal

● Cheesy Potato Wedges — 450
667 Kcal

PIZZA

▲ Pizza Con Pollo Arrosto — 850
831 Kcal
Roasted chicken and sundried tomato

▲ Pizza Ai Peperoni — 850
1048 Kcal
Pork pepperoni and red onion

▲ Pizza Nostromo — 850
641 Kcal
Tomato, seafood, chili flakes and garlic

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PIZZA · CONTINUED

- Pizza Margherita — 775
  515 Kcal
  Tomato and basil

- Pizza Primavera — 775
  582 Kcal
  Marinated spring vegetable

- Pizza Valparaiso — 775
  1048 Kcal
  Bell peppers, corn, tomato, olives and jalapeno

MAIN COURSE · PASTA

CHOOSE YOUR PASTA (PENNE / SPAGHETTI)

- Non Vegetarian Sauces — 925
  1206 Kcal
  — AL POLLO E TIMO: Chicken and thyme sauce
  — MARE E MONTI: Seafood, mushroom, white wine and tomato sauce
  — CARBONARA: Pancetta, pepper, parmesan and yolk of egg

- Vegetarian Sauces — 850
  1189 Kcal
  — ALFREDO: Cream sauce
  — AGLIO, OLIO E PEPERONCINO: Garlic, olive oil and chili
  — VERDURE: Spring vegetables in tomato sauce
  — AL PESTO BASILICO: Basil pesto cream sauce

MAIN COURSE · INTERNATIONAL

- Grilled Whole Pomfret — 1500
  1721 Kcal
  Accompanied with citrus mash and balsamic glazed vegetables

- Ricotta and Spinach Stuffed Grilled Chicken Breast — 1350
  832 Kcal
  Accompanied with potato mash and herb scented vegetable

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MAIN COURSE · INTERNATIONAL · CONTINUED

▲ Fish and Chips — 1125
1105 Kcal
Crumb fried fish fillets, tartar sauce and French fries

● Vegetable a la Princess — 1025
687 Kcal
Gratinated vegetables on a bed of spinach

MAIN COURSE · INDIAN

▲ Gosht Rogan Josh — 1400
890 Kcal
Tender chunks of mutton stewed in Indian spices

▲ Murgh Makhani — 1200
1212 Kcal
Chicken morsels simmered in rich tomato gravy

▲ Murgh Methi — 1095
1066 Kcal
Succulent chicken morsels simmered with fresh fenugreek leave

● Paneer Tikka Butter Masala / Palak Paneer — 1025
671 Kcal | 620 Kcal
Cottage cheese cooked to your choice of fresh fenugreek flavored tomato / spinach gravy

● Subz Bawali Handi — 925
1090 Kcal
Mixed vegetables tempered with onion seeds and Indian spices

● Gobhi Aloo Hara Pyaz — 925
449 Kcal
Cauliflower and potato tossed with spring onion

● Dal Makhani — 875
810 Kcal
Slow cooked buttery black lentils

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MAIN COURSE · INDIAN · CONTINUED

Khumb Makai Lazeez — 850
1226 Kcal
Mushroom and corn

Yellow Dal Tadka — 800
350 Kcal
Tempered toor dal

MAIN COURSE · GOAN

Prawn Balchao — 1395
768 Kcal
Prawns with sweet spicy sour brown onion and pickled spices

King Fish Rawa Fried / Peri Peri — 1350
696 Kcal
King fish coated with semolina or pickled chili marinade and pan-fried

King Fish Curry / Prawn Curry — 1350 / 1450
1126 Kcal | 742 Kcal
Pure Goan soul food

Chicken Xacuti — 1150
692 Kcal
Chicken morsels cooked with roasted spices and coconut

Pork Vindaloo — 1150
844 Kcal
Pork cooked in spicy red masala and finished with feni-a traditional goan liquor

Bhindi Sol — 825
1312 Kcal
Okra flavored with green chili, fresh grated coconut and kokum (sour berry)

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MAIN COURSE · ORIENTAL

▲ King Prawn in Hot Garlic Sauce — 1450
699 Kcal

▲ Thai Red Curry / Thai Green Curry — 1450 / 1225 / 925
575 Kcal | Prawn / 696 Kcal | chicken / 557 Kcal | vegetable

▲ Slice Fish in Chili Garlic Soya — 1350
588 Kcal

▲ Chicken Kung Pao — 1225
767 Kcal

◎ Phad Phak — 925
185 Kcal
Stir-fried exotic vegetables

RICE, NOODLES & BREADS

Biryani — 1050 / 1200 / 1300 / 1300
613 / 798 / 921 / 795
vegetable / chicken / lamb / prawn. Our style of basmati rice cooked with yoghurt, mint, saffron, onion masala

Noodles — 1025
442 / 551 / 531
vegetable / chicken / prawn / Sichuan / burnt garlic

Fried Rice — 1025
651 / 760 / 740
vegetable / chicken / prawn / Sichuan / burnt garlic

● Tandoori Roti / Naan / Cheese Garlic Naan — 300
165 Kcal | 320 Kcal | 345 Kcal

◎ Steamed/Unpolished Rice — 315
385 Kcal | 415 Kcal

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DESSERTS

- Vanilla Crème Brulee with Pistachio Biscotti — 650
  497 Kcal
  Vanilla flavored burnt cream (sugar free)

- Chocolate Decadence — 650
  688 Kcal
  Delicate rich bitter chocolate cake

- Malai Kulfi — 650
  169 Kcal
  A traditional Indian dessert served with falooda

- Gajar aur Badam ka Halwa — 650
  150Kcal
  Carrot pudding topped with almonds

- Choice of Any Ice Cream — 450
  102 Kcal | Vanilla / 205 Kcal | Strawberry / 203 Kcal | Mango / 205 Kcal | Coffee

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