



SALA DA PRANZO

TAJ EXOTICA RESORT & SPA, GOA

ALL DAY DINING



TAJ EXOTICA RESORT & SPA, GOA · CALWADD0, BENAULIM · GOA

A KISMET MENU · TAJ EXOTICA RESORT & SPA, GOA

ALL DAY DINING

ALL DAY BREAKFAST

- | | | |
|---|--|-----|
| ■ | Aloo paratha
355 Kcal
Stuffed flat bread with potatoes, set curd, pachranga pickle | 645 |
| □ | Idli
261 Kcal
Steamed rice cakes, sambar, three chutneys | 645 |
| □ | Poori bhaji
505 Kcal
Deep fried whole wheat bread, potato curry | 645 |
| ■ | Chole bhature
787 Kcal
Spiced chick pea curry, golden fried refined flour puffy bread | 895 |
| ■ | Homemade pancakes
508 Kcal
Buttermilk pancakes, fruit compote, mascarpone, maple syrup | 645 |
| ■ | Your choice of eggs
617 Kcal scrambled, 522 Kcal fried, 454 Kcal poached, 476 Kcal omelette
With ham, hash brown, tomato | 645 |

TAJ AUTOGRAPH COLLECTION

- | | | |
|---|--|------|
| ▲ | Cobb Salad
513 Kcal
An American garden salad of chicken, bacon, avocado, lettuce, tomato, hardboiled egg, coriander, spring onion and butter milk dressing: Pierre Hotel, New York | 995 |
| ▲ | Chicken bunny chow
440 Kcal
A South African street food tradition, hollowed out soft bread bun filled with Durban chicken and vegetable curry: Taj Cape Town | 1195 |



VEGETARIAN



NON-VEGETARIAN



VEGAN

Please inform our associate if you are allergic to any ingredients. All prices are subject to government taxes.

Contains pork: Ham and cheese, Goan sausage pav, Exotica club sandwich, Pork vindaloo, Asian pork belly.

An average active adult requires 2000 Kcal energy per day, however calorie needs may vary.

Portion size - Soup 200-220 gms, Salad 250-280 gms, Starters 180-200 gms, Main Course 470-490 gms, Biryani 760-790 gms, Pizza 320-340 gms, Pasta 450-470 gms, Sandwich/Burgers 350-400 gms, Desserts 200-240 gms.

Our standard measure for spirits is 30 ml. Our standard pour for a glass of wine is 150 ml.

ALL DAY DINING

TAJ AUTOGRAPH COLLECTION • CONTINUED

- ▲ Fish exotica 1295
839 Kcal
Fish and shrimps in turmeric and lemongrass coconut curry, tomato and aubergine samba, herb salad, shallots, brown and white rice: Taj Exotica Maldives
- ▲ Fish & chips 1295
630 Kcal
Fish fillet, beer batter, chunky chips, mushy peas, tartar sauce, lemon: St. James Court London

FROM GOA

- ◻ Mushroom and cashew xacuti 1075
396 Kcal
Button mushroom, local cashew, poppy seed, dried chili, traditional coconut curry
- ▲ Goan fish curry 1295
810 Kcal
Traditional coconut and kokum curry, local king fish
- ▲ Prawns coriander 1395
388 Kcal
Prawns, Goan traditional coconut milk gravy, coriander, cashewnut
- ▲ Chicken cafreal 1195
563 Kcal
Chicken, coriander, mint with onion, green chili and fresh green gravy
- ▲ Pork vindaloo 1195
818 Kcal
Tender pork, fragrant chili and vinegar sauce

REST OF THE WORLD

- ◻ Black pepper tofu 1195
603 Kcal with rice, 763 Kcal with noodles
Tofu, vegetables in pungent black pepper, rice or noodles



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- | | |
|--|------|
| <div> <div>  </div> <div> Chili bean vegetables </div> <div> 336 Kcal with rice, 553 Kcal with noodles </div> <div> Stir fried seasonal vegetables, black bean, garlic sauce, rice or noodles </div> </div> | 1195 |
| <div> <div> </div> <div> Thai green curry chicken or Vegetables </div> <div> 802 Kcal chicken, 458 Kcal vegetables </div> <div> Fresh green chili, lemon grass, coconut and coriander, steamed rice. Choose from veg or chicken </div> </div> | 1195 |
| <div> <div>  </div> <div> Grilled fish </div> <div> 508 Kcal </div> <div> Fillet of fresh local fish, lemon juice, olive oil, potato mash and grilled vegetable </div> </div> | 1295 |
| <div> <div>  </div> <div> Grilled chicken </div> <div> 356 Kcal </div> <div> Chicken leg and breast, pan jus, potato wedges, grilled vegetables </div> </div> | 1295 |
| <div> <div>  </div> <div> Grilled tenderloin medallions </div> <div> 1096 Kcal </div> <div> Cafe de Paris butter, potato mash and seasonal vegetable </div> </div> | 1295 |
| <div> <div>  </div> <div> Asian pork belly </div> <div> 940 Kcal </div> <div> Pork bellies, five spice sauce, fried rice </div> </div> | 1295 |
| <div> <div>  </div> <div> Nasi goreng </div> <div> 718 Kcal </div> <div> Indonesian fried rice, shrimps, vegetables, chili and garlic, fried egg and fresh lime, served with chicken satay, prawn crackers </div> </div> | 1295 |
| <div> <div>  </div> <div> Stir fried chicken with cashew </div> <div> 757 Kcal with rice, 556 Kcal with noodles </div> <div> Chicken stir fried, onions, peppers, chilies, roasted cashew nuts, rice or noodles </div> </div> | 1295 |
| <div> <div>  </div> <div> Teriyaki fish </div> <div> 300 Kcal </div> <div> Classic sweet and sour teriyaki glaze, soya, honey and sesame, sticky rice </div> </div> | 1295 |



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REST OF THE WORLD · CONTINUED

- ▲ Butter pepper garlic king prawns 1395
596 Kcal
Shell-on prawns, garlic and black pepper butter, potato wedges

SOUPS & STARTERS

- Lemon coriander soup 525
165 Kcal
Clear vegetable broth, lime, coriander
- Mushroom cappuccino 525
108 Kcal
Crema mushroom, truffle oil
- Classic hot & sour soup 525
260 Kcal chicken, 165 Kcal vegetable
Spicy tangy broth
- Caprese bruschetta 750
278 Kcal
Fresh mozzarella, tomato basil pesto, French loaf
- Aloo tikki chat 750
427 Kcal
Crispy fried potato patty, chickpeas curry yogurt, tamarind chutney
- Dahi bhalle 750
547 Kcal
Poached lentil fritters, sweet yogurt, cumin and chutney
- ▲ Calamari 895
672 Kcal
Crisp fried, lemon, spicy Sriracha mayo
- ▲ Prawn gamberi 1395
190 Kcal
Grilled prawn, garlic, olives, capers, cherry tomatoes, olive oil



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SOUPS & STARTERS • CONTINUED

- | | | |
|---|---------------------------------------|-----|
|  | Buffalo style chicken wings | 975 |
| | 425 Kcal | |
| | Pepper sauce, celery, blue cheese dip | |

ACROSS INDIA

- | | | |
|---|---|------|
|  | Pav bhaji | 975 |
| | 616 Kcal | |
| | Thick spicy mashed vegetables, buttered local pav bread | |
|  | Beetroot shikhampuri | 975 |
| | 380 Kcal | |
| | Spiced beetroot kebab | |
|  | Broccoli chilgoza kebab | 975 |
| | 399 Kcal | |
| | Spiced broccoli and pine nut patty | |
|  | Paneer tikka | 975 |
| | 417 Kcal | |
| | Cottage cheese, chili, garlic, yoghurt, gram flour and charred in the clay oven | |
|  | Paneer kadhai masala | 1175 |
| | 448 Kcal | |
| | Paneer, house salad and roasted papad | |

Biryani

- | | | |
|---|-----------|------|
|  | Vegetable | 1075 |
| | 678 Kcal | |
|  | Chicken | 1175 |
| | 891 Kcal | |
|  | Lamb | 1175 |
| | 899 Kcal | |

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ACROSS INDIA • CONTINUED

▲	Fish tikka 267 Kcal Fish cubes, lemon, pepper and yogurt, charred in the clay oven	1295
▲	Tandoori prawns 550 Kcal Smoked flavored ajwain prawns cooked in clay pot oven	1395
▲	Tandoori chicken 456 Kcal Chili, yoghurt, aromatic spices charred in clay oven	1125
▲	Malai chicken tikka 650 Kcal Creamy chicken cubes cooked in clay oven	1125
▲	Mutton shammi kebab 476 Kcal Spiced lamb and lentil mince kebab	1125
▲	Seekh kebab 630 Kcal Spiced lamb mince cooked in skewer in clay pot oven	1125
▲	Butter chicken 267 Kcal Chicken tikka, rich tomato gravy, fenugreek and spices	1175
▲	Chicken chettinad 643 Kcal Chicken, roasted spice, coconut	1175
▲	Lamb bhuna gosht 464 Kcal Spicy lamb masala, kachumber salad	1175



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ALL DAY DINING

SALAD

- | | |
|---|-----|
|  Greek salad | 825 |
| 258 Kcal | |
| Cucumber, onion, tomatoes, feta cheese, olive oil-lemon dressing, oregano | |
|  Roasted baby beet salad | 825 |
| 317 Kcal | |
| Fresh rocket leaves, roasted baby beets, bocconcini, balsamic vinegar, olive oil, lemon | |
|  Burrata salad | 895 |
| 313 Kcal | |
| Local burrata, baby tomatoes and rocket leaves, aged balsamic and olive oil | |
| Caesar salad | 895 |
| 837 Kcal non-vegetarian, 672 Kcal vegetarian | |
| Romaine lettuce, garlic-anchovy dressing, grated parmesan, bread croutons | |
| — Grilled chicken breast | |
| — Crispy bacon bits | |

SANDWICHES & BURGERS

- | | |
|--|------|
|  Mumbai vegetable and cheese grilled sandwich | 1075 |
| 676 Kcal | |
| Grilled sandwich, cucumber, tomato, spiced potato, beetroot, peppers, with cheese | |
| <i>Simple sandwich</i> | |
|  Cheese and tomato | 995 |
| 580 Kcal white bread, 539 Kcal brown bread | |
| Available plain or toasted in brown or white bread | |
|  Roast chicken and mayonnaise | 1075 |
| 630 Kcal white bread, 623 Kcal brown bread | |
|  Ham and cheese | 1075 |
| 584 Kcal white bread, 577 Kcal brown bread | |
|  Tuna mayonnaise | 1075 |
| 649 Kcal white bread, 642 Kcal brown bread | |



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ALL DAY DINING

SANDWICHES & BURGERS · CONTINUED

- | | | |
|---|---|------|
| | Chicken or paneer kathi roll | 1075 |
| | 646 Kcal chicken, 537 Kcal paneer | |
| | Chicken, onion, tomatoes, peppers, whole wheat wrap coated with egg or paneer tikka wrapped in whole wheat roti | |
| ▲ | Gourmet Exotica burger - tenderloin or chicken | 1075 |
| | 1338 Kcal chicken burger, 1614 Kcal tenderloin burger | |
| | Sesame bun, cheddar, lettuce, tomato, mustard mayo, fries | |
| ▲ | Goan sausage pav | 1075 |
| | 343 Kcal | |
| | Spicy Goan pork sausages, Goan local poi | |
| ▲ | Exotica club sandwich | 1075 |
| | 693 Kcal | |
| | Toasted double decker sandwich, chicken, fried egg, crispy bacon, tomato, lettuce, cheese mayonnaise, fries | |

PIZZA & PASTA

- | | | |
|---|---|-----------|
| ■ | Primavera pizza | 1075 |
| | 610 Kcal | |
| | Sundried tomato, pesto and asparagus and mozzarella | |
| ■ | Margherita pizza | 1075 |
| | 504 Kcal | |
| | Tomato, mozzarella, and basil | |
| ■ | Penne all'arrabbiata | 1075 |
| | 397 Kcal | |
| | Penne pasta with chili flakes, basil and fresh plum tomato Napolitano sauce | |
| ■ | Mushroom risotto | 1125 |
| | 584 Kcal | |
| | Arborio, parmesan, olive mushroom topped with parmesan cheese | |
| | Fusilli alfredo chicken or mushrooms | 1175/1075 |
| | 970 Kcal chicken, 883 Kcal mushrooms | |
| | Fusilli pasta in parmesan cream. Add mushrooms or chicken | |



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PIZZA & PASTA · CONTINUED

▲	Goan spiced prawn pizza 716 Kcal Tomato balchao, prawns, red onions, spices and coriander	1175
▲	Pepperoni pizza 535 Kcal With pepperoni, tomato and mozzarella	1175
▲	Pizza a'la polo 617 Kcal With chicken, tomato, jalapeno and mozzarella	1175
▲	Spaghetti bolognese 675 Kcal Lamb mince, spaghetti	1175
▲	Seafood risotto 787 Kcal Arborio, parmesan olive oil prawns and local seafood	1295

DESSERTS

■	Gulab Jamun 524 Kcal Milk solid dumplings, flavored sugar syrup	695
■	Rasmalai 744 Kcal Cottage cheese and cream dumplings, saffron milk and pistachio	695
■	Gad bad 409 Kcal Bombay style ultimate ice-cream and fruit sundae	695
■	Tub tim krob 177 Kcal Water chestnut, syrup, coconut milk	695



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DESSERTS • CONTINUED

■ Kulfi - pistachio 430 Kcal Traditional reduced milk ice cream served with falooda	695
■ Ice cream 660 Kcal Your choice of three scoops of ice cream, ask which flavors we have today	695
■ Fresh cut fruit 280 Kcal Selection of seasonal fruits	750
■ Tiramisu 412 Kcal Italian dessert chocolate and coffee sauce	750
■ Walnut chocolate brownie 831 Kcal Chocolate fudge and walnut layered warm brownie, vanilla ice cream	750
■ Creme brulee with shortbread 404 Kcal	750

WINE BY GLASS

SPARKLING

Chandon brut, India	1350
Sula brut Sula Vineyards, India	875

WHITE WINE

Jacob's Creek Chardonnay, Australia	550
Sula Vineyards Sauvignon Blanc, India	550
Sula Vineyards Chenin Blanc, India	550

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WINE BY GLASS • CONTINUED

Big Banyan Sauvignon Blanc, India	600
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ROSE WINE

Grover Vineyards Shiraz, India	895
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Big Banyan Rosa Rossa Zinfandel, India	550
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RED WINE

Jacob's Creek Shiraz, Australia	895
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Sula Vineyards Cabernet Shiraz, India	550
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Sula Vineyards Satori Merlot, India	550
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Big Banyan Cabernet Shiraz, India	550
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SPIRITS

WHISKY — SINGLE MALTS

Glenfiddich 12 years	545
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Glenlivet 12 years	545
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SCOTCH

JW Odyssey	8500
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Blue Label	1825
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Black Label	625
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Chivas Regal 12 years	595
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BOURBON

Jack Daniel's	545
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VODKA

Belvedere	550
Grey Goose	545
Absolut	495

RUM

Bacardi Carta Blanca	375
Old Monk	345

GIN

Bombay Sapphire	395
Gordon's	395

TEQUILA

Corralejo Blanco	545
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FENI

Palm Feni	225
Cashew Feni	225

COGNAC

Remy Martin XO	1845
Hennessey VSOP	795

BEERS

Corona	450
Budweiser	350
Heineken	325



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SPIRITS • CONTINUED

Kingfisher Ultra	275
Kingfisher	250

SIDES

 Sauteed or steamed vegetables 141 Kcal sauteed, 67 Kcal steamed	875
 French fries, hand cut wedges, mashed potatoes 471 Kcal potato wedges, 296 Kcal mashed potato, 167 Kcal french fries	375
 House salad 144 Kcal	375
 Stir fried seasonal greens 141 Kcal	875
 Steamed basmati rice 139 Kcal	325
Vegetable / Chicken hakka noodles 265 Kcal vegetable, 849 Kcal chicken	425/525
 Bhindi masala fry 157 Kcal Home style stir fried okra cooked with onion and spices	875
Vegetable / Chicken fried rice 283 Kcal vegetable, 883 Kcal chicken	425/525
 Aloo jeera 360 Kcal Cumin tempered potatoes	875
 Aloo gobi 283 Kcal Potato and cauliflower in tomato onion masala	875



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SIDES • CONTINUED

Lasooni palak 172 Kcal Garlic flavored spinach	875
Dal tadka 361 Kcal Yellow lentils, cumin, garlic, red chili and coriander	825
Dal makhani 407 Kcal Overnight cooked black urad lentil with garlic, tomato, butter and cream	875
Indian breads 232 Kcal roti, 251 Kcal naan, 232 Kcal phulka, 230 Kcal missi, 326 Kcal laccha parantha, 351 Kcal kulcha — Roti — Naan — Phulka — Missi — Laccha parantha — Kulcha	275

NON ALCOHOLIC BEVERAGE

Mango smoothie 164 Kcal	350
Lassi 202 Kcal	350
Milk shake Vanilla 677 Kcal, Strawberry 640 Kcal, Chocolate 699 Kcal — Vanilla — Strawberry — Chocolate	350
Aerated water	175
Tonic water	175



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NON ALCOHOLIC BEVERAGE • CONTINUED

Himalayan natural mineral water 750 ml	275
Perrier sparkling water 330 ml	275
Perrier sparkling water 750 ml	425
Tea 90 Kcal	275
Coffee 153 Kcal	275

COCKTAILS

Classics

Gimlet 156 Kcal Gin & lime	625
Manhattan 40 Kcal Whiskey, vermouth and bitters	625
Cosmopolitan 169 Kcal Vodka, cointreau, cranberry juice & lime	625
Mojito 183 Kcal White rum, mint leaves, lime & sugar	625

Signature

Goan Martini 312 Kcal Palm feni & malibu	425
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COCKTAILS • CONTINUED

Rossa	425
398 Kcal	
Cashew feni, tomato juice, tabasco sauce & lime juice	
Kiss of Goa	425
72 Kcal	
Palm feni, cointreau, grape juice & lime	
I am in red dress	425
98 Kcal	
Palm feni, cranberry juice & lemonade	

MOCKTAILS

Ginger zing	350
234 Kcal	
Fresh lime, mint, honey and ginger beer	
Citrus sunshine	350
85 Kcal	
Mango, passion fruit, pineapple, orange and a twist of lime	
LLB	350
67 Kcal	
Fresh lime, sugar, lemonade and angostura bitters	
Yellow and green	350
120 Kcal	
Pineapple, kiwi and lemon juice	



VEGETARIAN



NON-VEGETARIAN



VEGAN

Please inform our associate if you are allergic to any ingredients. All prices are subject to government taxes.

Contains pork: Ham and cheese, Goan sausage pav, Exotica club sandwich, Pork vindaloo, Asian pork belly.

An average active adult requires 2000 Kcal energy per day, however calorie needs may vary.

Portion size - Soup 200-220 gms, Salad 250-280 gms, Starters 180-200 gms, Main Course 470-490 gms, Biryani 760-790 gms, Pizza 320-340 gms, Pasta

450-470 gms, Sandwich/Burgers 350-400 gms, Desserts 200-240 gms.

Our standard measure for spirits is 30 ml. Our standard pour for a glass of wine is 150 ml.

ALL DAY DINING

SINGLE ESTATE TEA

Single Estate Tea

275

90 Kcal

- English breakfast
- Darjeeling
- Assam
- Chamomile
- Earl grey
- Pure green
- Jasmine
- Masala

SINGLE ORIGIN COFFEE

Single Origin Coffee

350

153 Kcal

- Guatemala genuine antigua
- Ethiopian sidamo
- Aged monsoon malabar
- Indian peaberry

KIDS SPECIAL

Tangy electrolyte

350

105 Kcal

Coconut water, lime juice, orange juice, honey

Minion shake

350

Strawberry 640 Kcal, Chocolate 699 Kcal

Strawberry or chocolate

HOT BEVERAGES

Soya choco latte

350

160 Kcal

Soya milk, chocolate



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ALL DAY DINING

HOT BEVERAGES • CONTINUED

Caramel apple cider	350
290 Kcal	
Apple juice, cinnamon syrup, caramel syrup, whipped cream	
Flavoured hot milk	350
Hot chocolate 235 Kcal, Bournvita 339 Kcal	
Hot chocolate or Bournvita	



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