PONDICHÉRY CAFÉ

SOFITEL MUMBAI BKC

FOOD A LA CARTE MENU

*All our fish is responsibly sourced.

*The tea & coffee are responsibly produced.

BREAKFAST

6.00 A.M to 11.00 A.M.

BREAKFAST

CONTINENTAL BREAKFAST — 849

KCAL 1105 | 500 gms

— Freshly Squeezed Fruit Juice: Orange, Pineapple, Apple, Carrot
— Your Choice of Cereals: Corn Flakes, Al Bran Flakes, Chocos, Served with Full Cream, Skim or Soya Milk
— The French Bakery: Croissant, Pain Au Chocolat, Danish
— Your Choice of Beverages: French Press Coffee, Decaffeinated, Espresso, Leaf Teas, Masala Chai,
— Hot Chocolate, Soya Milk, Butter Milk, Hot or Cold Milk

AMERICAN BREAKFAST — 999

KCAL 610 | 500 gms

— Freshly Squeezed Fruit Juice: Orange, Pineapple, Apple, Carrot
— or Energy Smoothie: Mango, Fresh Banana, Low - Fat Yoghurt
— or Detox Juice: Carrots, Cucumber, Spinach, Celery, Lemon and Parsley
— The French Bakery: Croissant, Pain Au Chocolat, Turnover, Baguette
— Your Choice of Cereals: Corn Flakes, Al Bran Flakes, Chocos Served with Full Cream, Skim or Soya Milk
— Two Eggs Cooked your Way: Sunny Side Up, Soft Boiled, Poached, Scrambled or Omelette: Classic or White
— Served with Caramelized Tomato, Hash Brown Potato
— Your Choice of Two Side Dishes: Bacon, Ham, Chicken or Pork Sausages, Turkey Ham,
— Sautéed Mushrooms, Steamed Vegetables
— Your Choice of Beverages: French Press Coffee, Decaffeinated, Espresso,
— Leaf Teas, Hot Chocolate, Soya Milk, Hot or Cold Milk

VEGETARIAN NON-VEGETARIAN

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Price quoted are exclusive of government taxes as applicable. We levy service charge @5%. The payment of this service charge is voluntary and should you not wish to pay this amount, please do let us know so that it may be waived off.
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GLUTEN-FREE SUNRISE SELECTION

GLUTEN-FREE SUNRISE SELECTION

⊡	PROTEIN BAR	599
⊡	ALMOND COOKIE	199
⊡	GLUTEN-FREE BREAD	599
▲	CHOCOLATE GATEAUX	899
⊡	BERRY ALMOND PANNA COTTA	599
▲	MACAROON	199

⊡ VEGETARIAN ▲ NON-VEGETARIAN

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A LA CARTE BREAKFAST

BREAKFAST BEVERAGES 499

Freshly Squeezed Fruit Juice

- Orange
  KCAL 470 | 300 ml
- Pineapple
  KCAL 250 | 300 ml
- Watermelon
  KCAL 150 | 300 ml
- Apple
  KCAL 520 | 300 ml
- Carrot
  KCAL 410 | 300 ml
- Tomato
  KCAL 90 | 300 ml
- Beetroot
  KCAL 430 | 300 ml

SMOOTHIES 650

- Energy Smoothie
  KCAL 568 | 300 ml
  Mango, Banana, Low - Fat Yoghurt
- Banana and Honey
  KCAL 619 | 300 ml
  Banana, White Honey, Yoghurt
- Tropical
  KCAL 408 | 300 ml
  Mango, Banana, Low - Fat Yoghurt

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A LA CARTE BREAKFAST

SMOOTHIES · CONTINUED

Honeydew
KCAL 449 | 300 ml
Honeydew, Honey, Yoghurt

Carrot and Papaya
KCAL 315 | 300 ml
Carrots, Papaya, Coconut Water, Mint Leaves, Yoghurt

Lassi
KCAL 351 | 300 ml
Plain, Salty, Sweet, Mango, Rose Syrup, Yoghurt

BAKERY

YOUR CHOICE OF BREAKFAST PASTRIES (Served with Arey of Jams) 449
- Butter Croissant | KCAL 101 | 100 gms
- Pain Au Chocolat | KCAL 168 | 100 gms
- Artisan Turnover | KCAL 168 | 100 gms
- Muffin | KCAL 135 | 100 gms
- Baguette | KCAL 623 | 100 gms
- Brioche | KCAL 217 | 100 gms

YOUR CHOICE OF TOAST (Served with Arey of Jams) 299
- White | KCAL 195 | 48 gms
- Whole Grain | KCAL 383 | 48 gms
- Multigrain | KCAL 408 | 48 gms

CEREAL

YOUR CHOICE OF CEREALS (Served with choice of Milk Options) 499
- Corn Flakes | KCAL 307 | 100 gms
- Chocolate Flakes | KCAL 307 | 100 gms
- Honey Loops | KCAL 294 | 100 gms
- Muesli | Kcal 945 | 100 grms
- Served with Full Cream | KCAL 126 | 100 gms
- Soya Milk | KCAL 126 | 100 gms

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A LA CARTE BREAKFAST

CEREAL · CONTINUED

- GLUTEN FREE MUESLI — 499
  KCAL 336/100 gms
  Oats, Almonds, Honey, Raisins, Apricots, Apple, Yoghurt

- TRADITIONAL OATMEAL PORRIDGE — 499
  KCAL 703 | 100 gms
  Sweet Banana, Nuts

CHEESE

- CHEESE PLATE — 1199
  KCAL 520 | 450 gms
  Selection of 5 Cheeses with Accompaniments

SEASONAL FRUITS

- FRESH SLICED FRUITS — 849
  KCAL 238 | 400 gms
  Selection of Five Fruits

SALAD

- MESCLUN SALAD — 899
  KCAL 86 | 350 gms
  Assorted Lettuce, Cherry Tomato, Cucumber, Olives, Orange Segments, Carrot, Radish, Lemon dressing and Avocado

BREAKFAST FAVOURITES

- PANCAKES — 499
  KCAL 142 | 400 gms
  Triple Pancakes, Maple Syrup, Fresh Cream, Fresh Berries

- BELGIAN WAFFLES — 499
  KCAL 73 | 400 gms
  Sugar, Chocolate, Assorted Jams, Fresh Cream, Berry Compote

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A LA CARTE BREAKFAST

BREAKFAST FAVOURITES · CONTINUED

▲ FRENCH TOAST 499
KCAL 98 | 400 gms
Fresh Cream, Maple Syrup

▲ CHARCUTERIE SAMPLER 949
KCAL 836 | 400 gms
Selection of Three Smoked Meats, Whole Grain Mustard, Cornichons, Toasted Baguette

EGGS

▲ TWO EGGS COOKED YOUR WAY 599
— Sunny Side Up | KCAL 259 | 350 gms
— Soft Boiled | KCAL 310 | 350 gms
— Poached | KCAL 310 | 350 gms
— Scrambled | KCAL 350 | 350 gms
— Classic | KCAL 357 | 350 gms
— Served with Caramelized Tomato, Hash Brown Potato

▲ BENEDICT 599
KCAL 473 | 350 gms
Two Poached Eggs on English Muffins, Shaved Turkey Ham Served with Caramelized Tomatoes, Hollandaise Sauce, Hash Brown Potato

SIDES 449

▲ Bacon
KCAL 786 | 150 gms

▲ Pork Sausages
KCAL 658 | 150 gms

▲ Chicken Sausages
KCAL 796 | 150 gms

▲ Turkey Ham
KCAL 198 | 150 gms

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A LA CARTE BREAKFAST

SIDES 349

- Sautéed Mushrooms
  KCAL 92 | 150 gms
- Sautéed Baby Spinach
  KCAL 75 | 150 gms
- Roasted Tomatoes
  KCAL 81 | 150 gms
- Roasted Rosemary Potatoes
  KCAL 374 | 150 gms

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REGINAL INDIAN BREAKFAST

6:00 A.M to 11:00 A.M.

REGINAL INDIAN BREAKFAST

IDLI 749
KCAL 172 | 450 gms
Steamed Rice and Lentil Cakes Served with Sambhar and Coconut Chutney

DOSA 749
KCAL 159 | 450 gms
Crisp Rice Pancakes Cooked on a Griddle Served with Sambhar and Coconut Chutney

UPMA 599
KCAL 576 | 450 gms
Slow - Cooked Semolina Tempered with Ghee, Mustard Seeds and Curry Leaves

POHA 599
KCAL 526 | 450 gms
Flattened Rice Tempered with Mustard, Turmeric and Curry Leaves

MEDU VADA 749
KCAL 285 | 450 gms
Deep - Fried Lentil Dumplings Served with Sambhar and Coconut Chutney

PURI BHAJI 799
KCAL 913 | 450 gms
Deep - Fried Indian Bread Served with Spicy Potatoes, Green Peas in Tomato Gravy

ASSORTED FILLED PARATHA 799
450 gms
Cooked on a Griddle, Served with Mango Pickle, Fresh Curd
- Potato | KCAL 356
- Cottage Cheese | KCAL 468
- Cauliflower | KCAL 364

VEGETARIAN NON-VEGETARIAN

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SANDWICH BURGERS

11:00 A.M. to 11:00 P.M.

SANDWICH BURGERS

ALL SANDWICHES AND BURGERS SERVED WITH FRENCH FRIES

▲ CLASSIC CLUB SANDWICH 1499
KCAL 1344 | 450 gms
Grilled Chicken, Fried Egg, Bacon, Lettuce, Tomato, Emmental, Mayo Choice of Bread - White / Multigrain / Sour Dough / Brown

● VEG CLUB SANDWICH 1399
KCAL 323 | 450 gms
Grilled Vegetables, Lettuce, Tomato, Emmental, Mayo Choice of Bread - White / Multigrain / Sour Dough / Brown

● BOMBAY GRILLED SANDWICH 1399
KCAL 329 | 450 gms
Curried Potatoes, Onion, Beetroot, Bell Pepper, Cheese, Choice of Bread - White / Brown

● VEGETABLE BURGER 1399
KCAL 1068 | 500 gms
Vegetable Patty, Lettuce, Tomato, Emmental Cheese, Mustard Mayo, Sesame Bun

▲ CHICKEN BURGER 1499
KCAL 982 | 500 gms
Chicken Patty, Lettuce, Tomato, Caramelized Onion, Emmental Cheese, Fried Egg, Mustard Mayo, Sesame Bun

KATHI ROLL

● Cottage Cheese, Onion, Bell Pepper 1249
KCAL 632 | 450 gms

▲ Chicken Tikka, Onion, Bell Pepper, Egg 1349
KCAL 721

● VEGETARIAN ▲ NON-VEGETARIAN

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COFFEES

CLASSIC ITALIAN

PLEASE ASK THE SERVER FOR AVAILABLE OPTIONS OF MILK 550

Espresso

Americano

Cappucino

Cafe Latte

South Indian Filter Coffee

Decaffeinated Coffee

FRAPPUCINOS 550

Chocolate Frappe

Hazelnut Frappe

Caramel Frappe

Vanilla Frappe

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TEAS

BLACK TEAS

PLEASE ASK THE SERVER FOR AVAILABLE OPTIONS OF MILK

550

- Earl Grey
- English Breakfast

GREEN TEAS

550

- Organic Green

DECAFFINATED TEAS

550

- Green Decaf

HERBAL INFUSION

550

- Chamomile
- Peppermint

ICED TEAS

550

- Peach
- Black Currant
- Honey Shaken
- Green Tea Vanilla

IMMUNE FRIENDLY

550

- Turmeric Latte
- Masala Chai
- Jeera & Ajwain Infused Tea

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TEAS

IMMUNE FRIENDLY · CONTINUED

Ginger & Lemon Infused Tea

MILKSHAKE 650

Please ask the server for available options of milk

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WATER

WATER

HIMALAYAN STILL (750 ML)	450
PERRIER SPARKLING (330 ML)	400

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ALL DAY DINING

12:00 P.M. to 11:00 P.M.

SOUPS

RUSTIC FRESH TOMATO SOUP — 949
KCAL 899 | 450 gms
Garlic Bread

CREAM OF BROCCOLI SOUP — 949
KCAL 243 | 450 gms
Garlic Bread

HOT AND SOUR SOUP WITH TOFU AND MUSHROOM

Vegetarian — 949
KCAL 301 | 450 ml

Chicken — 1049
KCAL 307 | 450 ml

Prawns — 1199
KCAL 545 | 450 ml

TOM JUED WOON SEN KAI
Aromatic Thai Soup with herbs and spices

Vegetarian — 949
KCAL 301 | 450 ml

Chicken Dumpling — 1049
KCAL 307 | 450 ml

SOUP OF THE DAY (VEG | NON VEG) — 949 | 1049
Please ask the Server for Daily Selection

CHEESE

CHEESE PLATE — 1199
KCAL 520 | 450 gms
Selection of 5 Cheeses with Accompaniments

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ALL DAY DINING

SALADS

MESCLUN SALAD — 899
KCAL 86 | 350 gms
Assorted Lettuce, Cherry Tomato, Cucumber, Olives, Orange Segments, Carrot, Radish, Lemon dressing and Avocado

CAESAR SALAD
Lettuce, Crouton, Anchovies, Parmesan, Caesar Dressing

Vegetarian — 1049
KCAL 465 | 350 gms

With Poached Egg — 1099
KCAL 357 | 350 gms

With Chicken and Bacon — 1149
KCAL 357 | 350 gms

With Grilled Prawn — 1199
KCAL 188 | 350 gms

With Smoked Salmon — 1199
KCAL 201 | 350 gms

APPETIZERS

12:00 P.M. TO 11:00 P.M.

SEAFOOD FRITTO MISTO — 1449
KCAL 899 | 400 gms
Crispy Fried Prawns, Squid and Fish, Spicy Mayo, Basil Mayo and Tomato Dip

WOK TOSSED CHILLI PEPPER FISH — 1449
KCAL 670 | 400 gms
With Scallion and Bell Pepper

PAKORAS — 1199
Gram Flour Batter Fritters

Mixed Vegetable
KCAL 702 | 400 gms

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ALL DAY DINING

APPETIZERS · CONTINUED

Onion Bhajia
KCAL 242 | 400 gms

Cottage Cheese
KCAL 1080 | 400 gms

Egg
KCAL 201 | 400 gms

LAMB SHEEKH KEBAB 1449
KCAL 785 | 450 gms
Ground Lamb Skewers, Charcoal Roast, Mint Chutney

KOLI STUFFED POMFRET 2649
KCAL 522 | 400 gms
Local Koli Style grilled Whole Pomfret (with bone) stuffed with Coconut, Coriander and Koli Spices

MURGH TIKKA 1299
KCAL 784 | 400 gms
Chicken Marinated in Yogurt, Red Chilli, Spices, Charcoal Roast, Mint Chutney

PEELI MIRCH KA PANEER TIKKA 1199
KCAL 1068 | 500 gms
Cottage Cheese Marinated in Yogurt, Yellow Chilli, Spices, Charcoal Roast, Mint Chutney

HARA BHARA KEBAB 1199
KCAL 350 | 400 gms
Green Peas and Spinach Galette, Stuffed with Cheese, Mint Chutney

SUSHI
Selection of eight sushi, wasabi, pickled ginger, soya sauce

Vegetarian 1249
KCAL 249 | 400 gms

Salmon and Tuna 1349
KCAL 248 | 400 gms

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ALL DAY DINING

APPETIZERS · CONTINUED

▲ SASHIMI 1349
Selection of eight slices of salmon and tuna sashimi, wasabi, pickled ginger, soya sauce

DIMSUM | KCAL 670 | 400 gms

● Crystal Vegetable 1049

▲ Schezwan Pepper Chicken 1149

PIZZA

● MARGHERITA 1349
KCAL 745 | 350 gms
Tomato, Mozzarella, Fresh Basil Leaves

● PRIMAVERA 1399
KCAL 858 | 350 gms
Tomato, Mozzarella, Bell Pepper, Mushroom, Onion, Asparagus and Kalamata Olives

● FUNGHI QUATTRO FORMAGGI 1399
KCAL 876 | 350 gms
Mozzarella, Parmesan, Ricotta, Provolone, Wild Mushroom, Truffle, Cream Sauce

▲ CHICKEN TIKKA 1499
KCAL 535 | 350 gms
Chicken Tikka, Onion, Fresh Chilli, Peppers, Mozzarella, Tomato Base

▲ DIAVOLA 1549
KCAL 932 | 350 gms
Pork Pepperoni, Mozzarella and Rucola

WESTERN MAINS

▲ LOCAL FRESH CATCH - BAKED FISH 1849
KCAL 324 | 300 gms
Wrapped Fish Steak with Baby Potatoes, Baby Carrot, Cherry Tomatoes, Fennel, Olives

● VEGETARIAN ▲ NON-VEGETARIAN

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ALL DAY DINING

WESTERN MAINS · CONTINUED

▲ GRILLED SCOTTISH SALMON 2099
KCAL 420 | 300 gms
Buttered Mashed Potatoes, Garlic Sautéed Vegetables, Caper Beurre Blanc

▲ CHIMMICHURI ROASTED HEN 1599
KCAL 470 | 450 gms
Buttered Mashed Potatoes, Garlic Sautéed Vegetables, Pepper Jus

▲ CHARMOULA MARINATED IMPORTED LAMB CHOPS 2999
KCAL 870 | 450 gms
Buttered Mashed Potatoes, Garlic Sautéed Vegetables, Rosemary Jus

PASTA & RISSOTO

PASTA YOUR WAY

Choice of Pasta - Penne/ Spaghetti/ Fusilli Choice of Sauce - Napolitano/ Alfredo/ Creamy Pesto/ Aglio Olio Pepperoncino Served With: Garlic Bread

● Exotic Vegetables 1399
KCAL 551 | 350 gms

▲ Chicken 1499
KCAL 736 | 350 gms

▲ Prawn 1549
KCAL 623 | 350 gms

▲ LINGUINE BOLOGNESE 1549
KCAL 696 | 450 gms
Lamb Meat Sauce, Garlic Bread

CLASSIC RISOTTO

● Exotic Vegetables 1399
KCAL 265 | 250 gms

● VEGETARIAN ▲ NON-VEGETARIAN

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ALL DAY DINING

PASTA & RISSOTO · CONTINUED

- Saffron — 1399
  KCAL 261 | 250 gms
- Mushroom — 1399
  KCAL 270 | 250 gms
- Chicken — 1499
  KCAL 301 | 3250 gms

ASIAN MAINS

THAI CURRY WITH JASMINE RICE - RED & GREEN

- Vegetable, Tofu, Eggplant, Basil and Coconut Milk — 1499
  KCAL 716 | 350 gms
- Chicken, Eggplant , Basil, Coconut Milk — 1549
  KCAL 867 | 350 gms
- Prawns — 1649
  KCAL 903 | 450 gms

STIR FRY SEASONAL VEGETABLES

Choice of Sauce- Black Bean Sauce/ Chilli Garlic Sauce/ Hot Garlic Sauce

- Vegetables — 1449
  KCAL 780 | 350 gms
- Chicken — 1549
  KCAL 820 | 350 gms
- Prawns — 1649
  KCAL 857 | 350 gms

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ALL DAY DINING

KHAO PAD PUK

Thai-Style Fried Rice with Onion, Tomato, Bok Choy, Spring Onions, Eggs

- Vegetables — 1449
  KCAL 780 | 350 gms
- Chicken — 1549
  KCAL 820 | 350 gms
- Prawns — 1649
  KCAL 882 | 350 gms

WOK TOSSEED UDON NOODLES WITH ASIAN GREEN

Choice of Sauce - Fragrant Chilli Sauce/ Black Pepper Sauce/ Hot Garlic Sauce

- Vegetables — 1449
  KCAL 780 | 350 gms
- Chicken — 1549
  KCAL 820 | 350 gms
- Prawns — 1649
  KCAL 857 | 350 gms
- STEAMED JASMINE RICE — 799
  KCAL 699 | 350 gms

INDIAN MAINS

- PANEER BUTTER MASALA — 1449
  KCAL 978 | 350 gms
  Cottage Cheese, Tomato Gravy with Indian Spices
- LAHSOONI LACCHA SAAG — 1449
  KCAL 257 | 350 gms
  Shredded Spinach Tempered with Garlic and Red Chilli
- KHADE MASALE KI TARKARI — 1449
  KCAL 720 | 350 gms
  Seasonal Vegetables Cooked with Tomato, Onion, Garlic and Whole Spices

VEGETARIAN NON-VEGETARIAN

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ALL DAY DINING

INDIAN MAINS · CONTINUED

▲ MURGH MAKHANI 1649
KCAL 886 | 400 gms
Charcoal - Grilled Chicken in Tomato and Cashew Sauce

▲ HOMESTYLE CHICKEN CURRY 1649
KCAL 974 | 450 gms
Chicken Cooked with Onion Tomato Gravy, Grounded Homemade Spice

▲ KOLHAPURI KALA MUTTON 1849
KCAL 430 | 400 gms
Local Style cooked Lamb with Fresh Coconut, Onion, Tomato, Chilli and Spices

▲ LOCAL DELICACY-MALWANI FISH CURRY 1699
KCAL 522 | 400 gms
Pomfret Simmered in Red Chilli and Coconut Curry, Grounded Homemade Spices

● SUBZ DUM BIRYANI 1399
KCAL 852 | 450 gms
Aromatic Rice Preparation with Vegetables and Saffron Cream

▲ MURGH DUM BIRYANI 1599
KCAL 713 | 450 gms
Chicken Cooked with Long Grain Rice, Saffron Milk and Aromatic Indian Spices

▲ GOSHT AWADHI BIRYANI 1799
KCAL 918 | 450 gms
Lamb Cooked with Long Grain Rice, Saffron Milk and Aromatic Indian Spices

● DAL MAKHANI 1299
KCAL 600 | 400 gms
Black Lentils Cooked overnight on a Clay Oven, Finished with Butter and Cream

● YELLOW DAL TADKA 1299
KCAL 261 | 400 gms
Yellow Lentils Tempered with Garlic and Cumin

● VEGETARIAN ▲ NON-VEGETARIAN

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ALL DAY DINING

INDIAN MAINS · CONTINUED

- STEAMED BROWN RICE — 799
  KCAL 533 | 400 gms
- STEAMED BASMATI RICE — 799
  KCAL 277 | 350 gms

SIDES

- Raita — 349
  KCAL 132 | 100 gms
  Kachumber/ Boondi/ Cucumber-Mint/ Tomato-Basil
- Plain Curd — 349
  KCAL 86 | 100 gms
- Indian Green Salad — 349
  KCAL 135 | 80 gms

INDIAN TANDOORI BREADS

12:00 P.M. TO 11:00 P.M. — 349

- Naan
  KCAL 291 | 80 gms
- Roti
  KCAL 226 | 80 gms
- Parantha
  KCAL 226 | 80 gms
- Plain Naan
  KCAL 291 | 80 gms
- Butter Roti
  KCAL 243 | 80 gms

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ALL DAY DINING

INDIAN TANDOORI BREADS · CONTINUED

- Garlic Butter Naan
  KCAL 743 | 80 gms

- Kulcha 399
  - — Potato | KCAL 699 | 100 gms
  - — Cottage Cheese | KCAL 656 | 100 gms
  - — Onion | KCAL 529 | 100 gms
  - — Cheese | KCAL 720 | 100 gms

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GLUTEN-FREE GOURMET

GLUTEN-FREE GOURMET

▲ GRILLED SCOTTISH SALMON 2099
Kcal 420 gms
Buttered Mashed Potatoes, Garlic Buttered Vegetables, Caper Butter Sauce

▲ CHIMICHURRI ROASTED HEN 1599
Kcal 470 gms
Buttered Mashed Potatoes, Garlic Sautéed Vegetables, Pepper Jus

● YELLOW DAL TADKA 1299
Kcal 261 gms
Yellow Lentils Tempered with Garlic and Cumin

● STEAMED RICE 799
Kcal 0 gms

● VEGETABLE TARKARI 1399
Kcal 233 gms
Seasonal Vegetables Cooked with Tomato, Onion, Garlic and Whole Spices

● BERRY ALMOND PANNA COTTA 799
Kcal 430 gms
Pannacotta finished with Fresh Berries and served with Berry Coulis

● GLUTEN-FREE BREAD 599

● VEGETARIAN ▲ NON-VEGETARIAN

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DESSERT

DESSERT

- ALMOND PANNACOTTA WITH BERRY AND COULIS — 799
  KCAL 267 | 250 gms
  Pannacotta finished with Fresh Berries and served with Berry Coulis

- WHITE CHOCOLATE RASBERRY PASTRY — 799
  KCAL 346 | 250 gms
  Vanilla flavoured pastry with Raspberry Jelly and dipped in Cashew Nut Pate

- CHOCOLATE SILK TART — 799
  KCAL 248 | 240 gms
  A Soft Velvety texture Mousse filled in Chocolate Tart with Melted Chocolate Disc

- TRES LECHES — 799
  KCAL 230 | 250 gms
  A light Mexican Sponge cake soaked with Sweetend Milk mixture

- LOCAL DELICACY GULAB JAMUN — 799
  KCAL 974 | 250 gms
  Deep-fried Sweet Cheese Dumplings, Sugar Syrup

- LOCAL DELICACY RASMALAI — 799
  KCAL 483 | 250 gms
  Poached Cheese Dumpling soaked in Milk Syrup

- ICE CREAM SELECTION — 799
  KCAL 248 | 240 gms
  Choice of Three Scoops, Please ask server for Daily Selection

- SEASONAL FRESH FRUIT PLATTER — 799
  KCAL 460 | 300 gms

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FRENCH INSPIRATIONS

12:00 P.M. to 11:00 P.M.

SOUP

CLASSIC FRENCH ONION SOUP — 1049
KCAL 293 | 450 ml
Caramelized Onion, Stock, Cheese Crouton

SANDWICHES

CROQUE MONSIEUR — 1649
KCAL 1297 | 450 gms
Turkey Ham, Gruyere, Bechamel Sauce, Golden buttered toasted bread, French Fries

CROQUE MADAME — 1649
KCAL 1329 | 450 gms
Sunny Side Egg, Turkey Ham, Gruyere, Bechamel Sauce, Golden buttered toasted bread, French Fries

MAIN COURSE

BAKED VEGETABLE QUICHE — 1499
KCAL 255 | 450 gms
Pastry Crust, Exotic Vegetables, Cheese, Mesclun

QUICHE LORRAINE — 1649
KCAL 317 | 450 gms
Pastry Crust, Ham, Eggs, Cheese, Mesclun

DESSERT

CHOCOLATE SILK TART — 799
KCAL 333 | 250 gms
Soft velvety texture mousse filled in chocolate tart with melted chocolate disc

VEGETARIAN NON-VEGETARIAN

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LITTLE GUEST'S MENU

12:00 P.M. to 11:00 P.M.

SOUP

ROASTED TOMATO SOUP — 749
KCAL 453 | 350 ml
Slow - Roasted Tomato Soup, Garlic, Thyme, Onion, Tomato, Garlic Toast

MAINS

NAPOLITAN — 949
KCAL 997 | 350 gms
Spaghetti, Fresh Oven - Roasted Tomato Sauce, Basil, Parmesan

GOUJONS AND CHIPS — 1199
KCAL 899 | 400 gms
Crumbed Fish Fingers, Lemon, Tartar Sauce

CHICKEN BURGER — 999
KCAL 780 | 350 gms
Mince Chicken Patty, Romaine Lettuce, Tomato, Fried Egg, Emmental Cheese, Onion, Mustard Mayo

PIZZA (8 INCH)

MARGHERITA — 949
KCAL 690 | 300 gms
Oven - Dried Tomatoes, Mozzarella, Fresh Basil Leaves

CHICKEN TIKKA — 999
KCAL 535 | 350 gms
Chicken Tikka, Onion, Fresh Chillies, Peppers, Mozzarella, Tomato Base

DESSERT

WHITE CHOCOLATE RASBERRY PASTRY — 699
KCAL 346 | 250 gms
Vanilla flavoured pastry with Rasberry Jelly and dipped in Cashew Nut Pate

VEGETARIAN NON-VEGETARIAN

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GOURMET DE-LIGHT

12:00 P.M. to 11:00 P.M.

INCLUDES NON-VEGETARIAN MAIN COURSE	INCLUDES VEGETARIAN MAIN COURSE
INR 2449++	INR 2199++

SOUP AND SALAD

A gastronomic adventure in healthy eating. De-Light by Sofitel is a pleasurable surprise of refined taste with the freshest ingredients & tempting flavors. Developed exclusively by Thalassa Sea & Spa, the recognized nutrition and wellness experts in France for over 40 years. De-Light reflects the unique skills of our Sofitel Chefs in creating innovative array of well balanced, low calorie meals to help you meet your health and weight goals in delicious style.

- RUSTIC FRESH TOMATO SOUP
  KCAL 899 | 450 gms
  Garlic Bread

- MESCLUN SALAD
  KCAL 465 | 350 gms
  Assorted lettuce, Cherry Tomato, Cucumber, Olives, Orange Segments, Carrot, Radish, Avocado, Lemon dressing

MAIN COURSE

- GRILLED SCOTTISH SALMON
  KCAL 630 | 300 gms
  Buttered Mashed Potatoes, Garlic Buttered Vegetable, Caper Butter Sauce

- CHIMMICHURI ROASTED HEN
  KCAL 974 | 450 gms
  Buttered Mashed Potatoes, Sautéed Vegetable, Pepper Jus

PASTA YOUR WAY

Choice of Pasta - Penne/ Spaghetti/ Fusilli Choice of Sauce - Napolitano/ Alfredo/ Creamy Pesto/ Aglio Olio / Pepperoncino Served With: Garlic Bread

- Exoctic Vegetables
  KCAL 551 | 350 gms

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GOURMET DE-LIGHT

MAIN COURSE · CONTINUED

▲ Chicken
KCAL 736 | 350 gms

▲ Prawns
KCAL 623 | 350 gms

DESSERT

● TRES LECHES
KCAL 230 | 250 gms
A light Mexican Sponge cake soaked with Sweetend Milk mixture

PLEASE CHOOSE ONE APPETIZER, ONE MAIN AND ONE DESSERT

● VEGETARIAN ▲ NON-VEGETARIAN

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MIDNIGHT MENU

SANDWICH & BURGERS

ALL SANDWICHES AND BURGERS SERVED WITH FRENCH FRIES

BOMBAY GRILLED SANDWICH 1399
KCAL 329 | 450 gms
Curried Potatoes, Onion, Beetroot, Bell Pepper, Cheese Choice of Bread - White / Brown

VEGETABLE BURGER 1399
KCAL 1068 | 500 gms
Vegetable and Potato Patty, Lettuce, Tomato, Gherkin, Mayo, Emmental

VEG CLUB SANDWICH 1399
KCAL 323 | 450 gms
Grilled Vegetables, Lettuce, Tomato, Emmental, Mayo Choice of Bread - White / Multigrain / Sour Dough

CLASSIC CLUB SANDWICH 1499
KCAL 1344 | 450 gms
Grilled Chicken, Fried Egg, Bacon, Lettuce, Tomato, Emmental, Grilled Vegetables, Mayo Choice of Bread - White / Multigrain / Sour Dough

CHICKEN BURGER 1499
KCAL 982 | 500 gms
Mince Chicken Patty, Lettuce, Tomato, Gherkin, Caramelized Onion, Emmental, Fried Egg, Mustard Mayo

PASTA & RISOTTO

PASTA YOUR WAY

Choice of Pasta - Penne/ Spaghetti/ Fusilli Choice of Sauce - Napolitano/ Alfredo/ Creamy Pesto/ Aglio Olio Pepperoncino Served With:

Exoctic Vegetables 1399
KCAL 551 | 350 gms

Chicken 1499
KCAL 736 | 350 gms

Prawns 1149
KCAL 623 | 350 gms

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MIDNIGHT MENU

CLASSIC RISOTTO

- Exotic Vegetables — 1399
  KCAL 265 | 250 gms
- Saffron — 1399
  KCAL 261 | 250 gms
- Mushroom — 1399
  KCAL 270 | 250 gms
- Chicken — 1499
  KCAL 301 | 250 gms

INDIAN MAINS

- PANEER BUTTER MASALA — 1449
  KCAL 978 | 350 gms
  Cottage Cheese, Tomato Gravy with Indian Spices
- MURGH MAKHANI — 1649
  KCAL 886 | 350 gms
  Charcoal Grilled Chicken in Tomato and Cashew Sauce
- KOLHAPURI KALA MUTTON — 1849
  KCAL 430 | 400 gms
  Local Style cooked Lamb with Fresh Coconut, Onion, Tomato, Chilli and Spices
- TAWA PARATHA — 349
  KCAL 226 | 80 gms

DESSERT

- GULAB JAMUN — 799
  KCAL 483 | 250 gms
  Deep - Fried Sweet Cheese Dumplings, Sugar Syrup
- ICE CREAM SELECTION — 799
  KCAL 248 | 240 gms
  Choice of Three Scoops, Please ask Server for Daily Selection

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LACTOSE-FREE INDULGENCE

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▲ GRILLED SCOTTISH SALMON 2099
Kcal 420 gms
Buttered Mashed Potatoes, Garlic Sautéed Vegetables, Caper Beurre Blanc

▲ CHIMICHURRI ROASTED HEN 1599
Kcal 780 gms
Buttered Mashed Potatoes, Garlic Sautéed Vegetables, Pepper Jus

● YELLOW DAL TADKA 1299
Kcal 261 gms
Yellow Lentils Tempered with Garlic and Cumin

● STEAMED RICE 799
Kcal 0 gms

● VEGETABLE TARKARI 1399
Kcal 233 gms
Seasonal Vegetables Cooked with Tomato, Onion, Garlic and Whole Spices

● VEGETABLE PASTA WITH ARRABBIATA SAUCE 1549
Kcal 551 gms

▲ CHICKEN PASTA WITH ARRABBIATA SAUCE 1499
Kcal 736 gms

▲ PRAWN PASTA WITH ARRABBIATA SAUCE 1549
Kcal 623 gms

● BERRY ALMOND PANNA COTTA 799
Kcal 430 gms
Pannacotta finished with Fresh Berries and served with Berry Coulis

● VEGETARIAN ▲ NON-VEGETARIAN

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PLANTES ET SAVEURS

PLANTES ET SAVEURS

- MESCLUN SALAD 899
  Kcal 86 gms
  Assorted Lettuce, Cherry Tomato, Cucumber, Olives, Orange Segments, Carrot, Radish, Lemon dressing and Avocado

- STIR FRY SEASONAL VEGETABLES - BLACK BEAN SAUCE 1449
  Kcal 780 gms

- THAI GREEN CURRY WITH VEGETABLES 1499
  Kcal 716 gms

- STEAMED JASMINE RICE 799
  Kcal 699 gms

- YELLOW DAL TADKA 1299
  Kcal 261 gms
  Yellow Lentils Tempered with Garlic and Cumin

- VEGETABLE TARKARI 1399
  Kcal 233 gms
  Seasonal Vegetables Cooked with Tomato, Onion, Garlic and Whole Spices

- STEAMED RICE 799
  Kcal 0 gms

- BERRY ALMOND PANNA COTTA 799
  Kcal 430 gms
  Pannacotta finished with Fresh Berries and served with Berry Coulis

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