# LA MINERVA BAR

ORIENT EXPRESS LA MINERVA

## FOOD MENU

*Beneath a magnificent skylight in the elegant ground-floor lobby, La Minerva Bar welcomes you with the timeless grace of Orient Express. At the far end of the room, the original statue of the goddess Minerva stands in quiet majesty, watching over a space where history, elegance, and a vibrant energy converge. From morning to evening, our menu is designed to accompany you through every moment of the day. The Departure sets the tone with simple yet invigorating dishes, the perfect prelude to new discoveries. The Journey invites you to share and explore, with refined interpretations of timeless flavors. And at last, The Destination — a celebration of indulgence, where the richness of the land meets the freshness of the sea.*

# LA PARTENZA

*The Departure — A selection of sweet and savory delicacies to start each journey with taste and energy.*

## BEVANDE CALDE — HOT BEVERAGES

| | |
|---|---|
| Caffè espresso, caffè decaffeinato, caffè d'orzo, ginseng<br>Espresso, decaffeinated coffee, barley coffee, ginseng | 6 |
| Caffè filtrato, doppio espresso<br>Filtered coffee, double espresso | 8 |
| Cappuccino, caffè latte, latte macchiato, cioccolata calda<br>Cappuccino, caffè latte, latte macchiato, hot chocolate | 8 |
| Latte fresco intero, parzialmente scremato<br>Fresh cow's milk, whole or semi-skimmed | 6 |
| Bevanda vegetale di soia, riso, mandorla<br>Soy, rice and almond plant-based beverages | 6 |
| Tè e infusi<br>Tea and infusions | 9 |

## BEVANDE FRESCHE — COLD BEVERAGES

| | |
|---|---|
| Spremute fresche di agrumi<br>Freshly squeezed citrus juices — Orange, grapefruit, lemon | 14 |
| Nettari e succhi di frutta<br>Fruit nectars and fruit juices — Wild blueberry, white peach, COX'S apple, cranberry, pineapple | 12 |
| Estratti di frutta e ortaggi<br>Fruit and vegetable extracts — Carrot, orange, sicilian lemon & ginger; Beetroot, strawberry and rennet apple; Red tomato, pineapple and mint | 16 |
| Infuso a freddo<br>Cold infusion — Lime & ginger; Peach & verbena | 12 |

Prezzi in euro, IVA inclusa — Prices in Euro, including VAT

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Upon request, specific documentation can be provided by the staff. We cannot guarantee the complete absence of traces of these allergens in all our dishes and beverages.

The fish meant to be eaten raw undergoes a temperature reduction process in order to guarantee its absolute food integrity.

# LA PARTENZA

## NOTE DOLCI — SWEET TREATS

**Selezione di lievitati** 15
Pastries Selection — Maritozzi, Ciambelle, Brioche

**Morning Classics** 20
Classici del Mattino — Buttermilk pancake; Cinnamon and cardamomo french toast. Served at choice with: Caramelized banana and salted caramel; or Strawberry coulis with mixed berries and vanilla whipped cream; or Vanilla whipped cream and mapple syrup

**Crepes con panna montata alla vaniglia e salsa di cioccolato** 20
Crepes, vanilla whipped cream and chocolate sauce

**Dolce al carrello** 14
Dessert cart

## SFIZI SALATI — SAVORY BITES

**Avocado toast** 20
Smash avocado, poached eggs, conf it tomato on sour dough

**Uova alla benedettina** 22
Eggs Benedict — English muff in, bacon or salmon or vegetables, poached eggs, béarnaise sauce

**Omelette nature o farcita** 18
Plain or filled omelette — Ham, cheese, vegetables

**Croque monsieur** 26
Toasted sandwich with cooked ham, aged cheese and light béchamel

**Strapazzato di tofu** 24
Scrambled tofu on sourdough

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# IL VIAGGIO

*The Journey — An assortment of dishes blending creativity and tradition. An experience to be savoured in every moment of the day.*

## PER COMINCIARE — TO START

**Pizza "al padellino" da condividere** 28
Mini "pan-baked" pizza to share. Select from: Datterino tomato velouté, burrata and fresh basil; Zucchini scapece, olive powder and lemon zest; Tuna prosciutto, wild rocket and yuzu mayonnaise

## ORTO E FOGLIE — SALADS

**Insalata Orient Express** 30
Orient Express salad — Oriental mixed greens, mixed seeds, wholegrain croutons, goji berries, avocado, balsamic vinegar emulsion

**Insalata caprese** 22
Buffalo mozzarella, tomatoes, fresh basil, extra virgin oil

**Caesar salad** 26 / 28
With chicken / with red prawns — Roman lettuce, Parmigiano, croutons, anchovies, Caesar dressing

**Nizzarda** 28
Nicoise — Green beans, baby spinach, quail egg, potatoes, anchovies, datterino cherry tomatoes, seared fresh tuna, Taggiasca olives

**Romana** 26
Organic garden mixed greens, artichokes, pecorino romano, crispy bread and herb mayonnaise

## NUOVI CLASSICI — NEW CLASSICS

**Club sandwich vegetariano** 28
Vegetarian club sandwich — Grilled peppers, Roman zucchini, basil pesto, goat cheese, avocado and mayonnaise

**Club sandwich** 34
Grilled chicken, bacon, egg, lettuce, tomato, Mustard mayonnaise

**Parmigiana di melanzane** 26
Parmigiana — Tomato sauce, mozzarella, parmigiano, eggplant, basil

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# IL VIAGGIO

## NUOVI CLASSICI — NEW CLASSICS · CONTINUED

Zuppa dell'orto all'olio EVO — 24
Seasonal vegetable soup with EVO oil

Il fusillone — 28
Tomato, Basil and 36-Month Aged Parmesan

Burger di Wagyu — 38
Wagyu burger — Caramelized red onion jam, Taleggio cheese, tomato, lettuce and mustard mayonnaise

## LES PETITS VOYAGEURS — SMALL PORTIONS

Lasagna al ragù di manzo — 20
Lasagna with beef ragout

Filetti di merluzzo fresco — 26
Fish & chips

Pepite di pollo croccanti — 24
Chicken nuggets

Panna cotta, salsa al caramello vanigliato — 10
Panna cotta with vanilla caramel sauce

## DOLCEMENTE

Tiramisù — 18

Gelati e sorbetti artigianali — 16
Daily selection of sorbets

Assoluto di cioccolato — 20
White chocolate, dark chocolate and crunchy pearls

Mousse alla fragola, namelaka alla vaniglia, biscuit alla mandorla — 20
Strawberry mousse, vanilla namelaka, almond biscuit

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# IL VIAGGIO

## DOLCEMENTE · CONTINUED

Tagliata di frutta fresca di stagione 18
Seasonal fresh fruits

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# LA DESTINAZIONE

*The Destination — A journey that combines the discovery of distant destinations and the warmth of familiar flavors*

## TERRA E MARE — LAND AND SEA

**Caviale** 135 / 110
Beluga Caviar "Calvisius" or Oscietra Caviar "Givieri" (10g)

**Terrina di foie gras al Sauternes** 48
Foie gras terrine marinated in Sauternes wine — House-made brioche, seasonal fruit mustards, red onion compote, green sauce

**Tartare di Fassona** 42
Beef tartare — Parmigiano, egg yolk, capers, vinegar, extra virgin olive oil

**Ceviche di ricciola e jalapeño** 46
Amberjack and jalapeño ceviche — Leche de tigre, red onion, spring onion, choclo

**Salmone tataki in crosta di pistacchio** 46
Pistachio-crusted tataki salmon — Roasted Peppers and Belgian Endive

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