HELICONIA

JW MARRIOTT GOA

FOOD MENU

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SMALL PLATES

Sesame Tossed Edamame — 395 | 22
200gm, 163.50KCAL
Maldon salt, togarashi. With a choice of – truffle oil

Wild Mushroom Gyoza — 455 | 25
140gm, 206.72KCAL
Shiitake, tofu, caramelized shallots, garlic confit, yellow cream, sweet chili

Vegetable Tempura — 455 | 25
180gm, 333.31KCAL
Avocado, eggplant, carrot, zucchini, lotus root, huancaína, spicy mayo, togarashi, chalaquita

Rock Corn — 455 | 25
180gm, 299.43KCAL
Spicy mayo, yuzu drops, almonds, quinoa pop

Goma Salad — 455 / 25
180gm, 243.85KCAL
Baby spinach, berries, sesame dressing

Guacamole — 495 / 28
180gm, 532.3KCAL
Hass avocado, pico de gallo, banana chili, rice crackers, corn crackers

Chef's Signature Nikkei Solterito ✦ — 495 / 28
160gm, 329.22KCAL
Edamame, sweet corn, onion, tomato, feta, black olives, yuzu-olive vinaigrette

Heliconia Tropical Salad
Mango, cherry tomato, sweet corn, baby gem, honey lime dressing. With a choice of

Salmon — 655 | 37
180gm, 153.55KCAL

Tofu — 495 | 28
180gm, 179.05KCAL

VEGETARIAN NON-VEGETARIAN ✦ SIGNATURE

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SMALL PLATES · CONTINUED

▲ Chicken Gyoza — 495 | 28
160gm, 400KCAL
Ground chicken, shiitake, caramelized shallots, garlic confit, yellow cream, sweet chili

▲ Tori Karaage — 495 | 28
180gm, 539.67KCAL
Chicken, mirasol, lemongrass barbeque, chalaquita, yellow chili

▲ Crispy Prawn Tempura — 695 | 39
160gm, 440KCAL
Tiger prawn, chalaquita, huancaína, spicy mayo, togarashi

▲ Rock Shrimp — 695 | 39
160gm, 438.94KCAL
Spicy mayo, yuzu drops, almonds, quinoa pop

▲ Slow Cooked Pork Ribs — 755 | 42
300gm, 427.83KCAL
Tangy rocoto glaze, fries, chimichurri

▲ Salmon Tartar — 795 | 45
180gm, 472KCAL
Japanese mayo, caviar, negi, yuzu

▲ Chef's Signature Peruvian Causa ✦ — 795 | 45
150gm, 478KCAL
Prawn, crab, yellow potato, Peruvian chili, yuzu, avocado, acevichado

CEVICHES

● Mango — 455 | 25
200gm, 238.15KCAL
Avocado, sweet potato, passion fruit, citric soy sauce

● Artichoke — 455 | 25
200gm, 379.93KCAL
Artichoke heart, kiuri, sweet potato, corn, cherry tomato, yellow chili

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CEVICHES · CONTINUED

Chef's Signature Hongos Ceviche ✦ — 455 | 25
200gm, 301.94KCAL
Roasted mushroom, kiuri, avocado, smoked yellow chili, tiger milk, chulpi

Classic — 795 | 45
180gm, 321.64KCAL
Hamachi, tiger milk, chulpi, caramelized sweet potato, corn

Salmon — 795 | 45
180gm, 579.24KCAL
Salmon, lychee ponzu, avocado, capers, corn, rice crackers

Chef's Signature Carretillero ✦ — 895 | 50
200gm, 409.10KCAL
Octopus, scallops, hamachi, crispy squid, rocoto tiger milk, chulpi

Uni Ceviche — 995 | 54
180gm, 297.52KCAL
Sea urchin, smoked yellow chili, tiger milk, kiuri, sweet potato, chulpi

Assortment Of Ceviche's — 1295 | 73
Choice of three ceviche's

TIRADITOS

Watermelon Tataki — 395 | 22
140gm, 139.25KCAL
Watermelon slices, nikkei vinaigrette, miso cream, avocado

Beetroot Tiradito — 455 | 22
140gm, 387.03KCAL
Baby beetroot, carrot cream, hazelnut citric sauce, orange

Peruvian Style Sake — 895 | 50
140gm, 267.14KCAL
Salmon, citric soy, sesame, kiuri, tare

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TIRADITOS · CONTINUED

▲ Hamachi Usuzukuri — 455 | 50
140gm, 204.03KCAL
Truffle & sea urchin cream, tiger milk, chalaquita, quinoa pop

▲ Tuna Tiradito — 895 / 50
140gm, 267.14KCAL
Akami, sanbaizu, oyster cream, avocado, quinoa pop

NIGIRI SUSHI

● Avocado Gunkan — 355 | 20
75gm, 106.60KCAL
Avocado, shiitake, tare

● Kiuri Gunkan — 395 | 22
75gm, 90.50KCAL
Kiuri, silken tofu, rocoto cream, furikake

▲ Salmon — 695 | 39
80gm, 90.4KCAL
Salmon, mango, sumiso, togarashi, quinoa pop

▲ Hamachi — 455 | 45
80gm, 185.08KCAL
Yellowtail, kiuri, cream cheese, chimichurri, soy, furikake

▲ Tuna — 895 / 50
80gm, 120.4KCAL
Akami, avocado, panca anticucho, nori, negi

▲ Heliconia Sushi Platter — 3255 / 184
Chef's choice of sushi, nigiri and sashimi

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MAKI ROLLS

Chef's Special Yasai Wrap ✦ — 495 | 28
140gm, 247.30KCAL
Rice paper, vegetable tempura, avocado, baby gem, shiso, nikkei vinaigrette

Tofu Katsu — 495 | 28
180gm, 492.55KCAL
Plantain, cream cheese, yuzu kosho, teriyaki

Wild Mushroom Roll — 495 | 28
180gm, 311.54KCAL
Shiitake, asparagus, tofu tempura, cream cheese, miso sauce

Crispy Asparagus Roll — 695 | 39
180gm, 461.27KCAL
Avocado, cream cheese, sweet potato, tare

Spicy Crab — 695 | 39
200gm, 344.45KCAL
Prawn, kiuri, avocado, crab, spicy mayo, tare

Crispy Salmon Norimaki — 695 | 39
180gm, 310.27KCAL
Salmon, avocado, cream cheese, sweet potato, tare

Parmesan Spicy Seabass — 695 | 39
180gm, 390.16KCAL
Crispy Chilean seabass, avocado, kiuri, spicy mayo, parmesan, tare

Seabass Anticucho — 695 | 39
180gm, 402.05KCAL
Chilean seabass, avocado, cream cheese, anticucho, mozzarella

Chef's Signature Seafood Tartar ✦ — 695 | 39
200gm, 386.48KCAL
Salmon, crab, scallop, prawn, avocado, acevichado, passion fruit glaze, quinoa pop

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MAKI ROLLS · CONTINUED

▲ Unagi — 895 | 50
200gm, 395.14KCAL
Prawn, cream cheese, avocado, BBQ eel, tare, roasted sesame seeds

TACOS

● Mixed Mushroom — 395 | 22
200gm, 332.73KCAL
Wild mushroom, guacamole, teriyaki, sweet potato

● Crunchy Tofu — 395 | 22
200gm, 431.11KCAL
Guacamole, spicy mayo, furikake, negi

▲ Grilled Chicken — 455 | 25
200gm, 530.30KCAL
Strawberry mushroom sauce, roasted pineapple mayo, Peruvian-style chicken

▲ Prawn — 455 | 25
200gm, 470.36KCAL
Guacamole, garlic, chili, furikake

FROM LAVA GRILL

● Miso Eggplant — 395 | 22
140gm, 155.94KCAL
Pomegranate glaze, chalaquita, quinoa pop

● Wild Fungi — 455 | 25
140gm, 283.70KCAL
Teriyaki, chimichurri

▲ Chicken — 555 | 31
140gm, 295.55KCAL
Yellow chili anticucho, chalaquita, chimichurri

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FROM LAVA GRILL · CONTINUED

▲ **Lamb** — 695 | 39
140gm, 371.15KCAL
Slow braised lamb shank

▲ **Chilean Seabass** — 695 | 39
140gm, 243.5KCAL
Panca teriyaki, chimichurri

▲ **Pork** — 695 | 39
140gm, 395.12KCAL
Pork belly, sweet glaze, negi, chalaquita

▲ **Lobster** — 795 | 45
140gm, 180.14KCAL
Herb butter, teriyaki, quinoa pop

LARGE PLATES

● **Stir Fried Udon** — 455 | 28
250gm, 583KCAL
Nikkei style udon noodles, mixed mushroom and vegetables

● **Mushroom Quinotto** — 495 | 28
240gm, 334.19KCAL
Hass avocado, pico de gallo, banana chili, rice crackers, corn crackers

● **Yakimeshi** — 495 | 28
220gm, 290.54KCAL
Japanese fried rice, tofu, edamame vegetables

● **Peruvian Fettuccine** — 595 | 33
240gm, 420KCAL
Huancaína cream, shimeji, saltado sauce, basil, togarashi

● **Amelcochado** — 595 | 33
330gm, 450KCAL
Arborio rice, yellow chili, truffle oil, citric hoisin, garden vegetables

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LARGE PLATES · CONTINUED

▲ Seafood Rice — 595 | 33
240gm, 411.76KCAL
Prawn, squid, scallops, coral panca rice, parmesan, sarza criolla

▲ Yakimeshi — 595 | 33
220gm, 377.03KCAL
Japanese fried rice, tofu, edamame, shiitake omelette (Egg)

▲ Tropical Spice Chicken — 695 | 39
240gm, 358.15KCAL
Yellow chili, asparagus, baby carrot

▲ Herb Garden Seabass — 995 | 56
220gm, 369KCAL
Mint, basil, coriander, tare

▲ Lamb Shank Quinotto — 995 | 56
250gm, 550.31KCAL
Yellow chili quinoa

▲ Slow Cook Pork Belly — 995 | 56
240gm, 632.15KCAL
Panca teriyaki, sweet potato puree

▲ Misoyaki Black Cod — 1695 | 96
220gm, 485.83KCAL
Sumiso caramelized black cod

DESSERTS

● Choice Of Ice Cream — 355 | 20
CUSTARD APPLE ICE CREAM, COCONUT ICE CREAM, CHOCOLATE ICE CREAM

● Heliconia Sampler of Frozen Yogurt — 355 | 20
ORANGE YOGURT, STRAWBERRY YOGURT, PASSION FRUIT YOGURT

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DESSERTS · CONTINUED

Chocolate Pebble — 355 | 20
140gm, 520KCAL
Served with caramel ice cream

Peruvian Tres Leches — 355 | 20
140gm, 628.18KCAL
Served with strawberry yoghurt

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