TEAN

JUMEIRAH SAADIYAT ISLAND

MENU

MENU

TASTE OF HUMMUS

PLAIN HUMMUS *(VE)* 55

CHILLI HUMMUS *(VE)* 55

AVOCADO HUMMUS *(VE)* 60

HUMMUS BEIRUTI *(VE)* 55

LAMB HUMMUS *(N)(G)* 70

CHICKEN SHAWARMA WITH HUMMUS *(N)(G)(E)* 70

Your choice of hummus with special flavor of

SOUPS

LENTIL SOUP *(VE)* 60
Lentil | Onion | Garlic | Potato

CHICKEN SOUP *(G)* 70
Onion | Chicken | Vermicelli

COLD STARTERS

TEAN SALAD *(V)(VE)* ✦ 65
Rocca Leaves | Tomato | Onion | Radish | Mint | Cucumber | Pomegranate

HORIATIKI SALAD *(V)(D)(N)* 85
Organic Piccadilly Tomato | Cucumber | Onion | Dodoni Feta Cheese | Kalamata Olives

MANGO SALAD *(VE)* 70
Tomatoes | Cucumber | Pomegranate Seed | Lettuce | Lemon Juice | Olive Oil

FATTOUSH *(VE)(G)* 65
Cucumber | Tomato | Lettuce | Pomegranate Dressing |Toasted Arabic Bread

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COLD STARTERS · CONTINUED

MOUTABEL *(V)(D)* — 60
Grilled Eggplant | Tahini | Yoghurt | Lemon Juice

BABA GHANOUSH *(VE)* — 60
Eggplant | Onion | Tomato | Parsley | Capsicum

BABA GHANOUSH AVOCADO *(VE)* — 65
Eggplant | Onion | Tomato | Parsley | Capsicum| Avocado |Coriander

MUHAMMARA *(V)(N)(D)* — 60
Pistachio | Tomato | Walnuts | Breadcrumbs

WARAK ENAB BIL ZAITE *(VE)* — 55
Stuffed Vine Leaves | Rice | Tomato | Parsley | Mint

TABOULEH *(VE)(G)* — 60
Chopped Parsley | Mint | Tomato | Onion| Bourghul | Olive Oil

HOT STARTERS

OVEN BAKED FETA CHEESE *(G)(E)(D)* — 95
Olive Oil | Wild Greek Oregano | Fig Chutney | Greek Bread

CHICKEN WINGS *(D)* — 65
Garlic | Lemon Juice

GRILLED CHEESE HALLOUMI *(N)(V)(D)* — 75
Green Olives Salad | Rocca salad

FRIED KIBBEH *(N)(E)(D)* — 70
Fried lamb dumpling filled with minced meat and pine nuts

CHEESE SAMBOSEK *(D)(G)* — 65
Akawi cheese wrapped in light pastry

TEAN FALAFEL *(VE)* ✦ — 55
Chickpeas | Onion | Garlic | Coriander

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HOT STARTERS · CONTINUED

POTATO HARRAH 65
Chili Paste | Lemon Juice | Garlic | Olive Oil | Coriander

FROM OUR CHARCOAL GRILL

LAMB KOFTA *(G)(D)* 110
Minced Lamb | Chili | Onion| Capsicum

SHISH TAOUK *(G)(D)* 125
Corn-fed Chicken | Garlic | Thyme | Chili Paste

BEEF TIKKA *(G)(D)* 220
Beef Tenderloin | Chili Paste | Onion | Tomato

LAMB ARAYES *(N)(G)(D)* 105
Mint | Tomato | Onion | Parsley | Pine Nuts | Chili Paste| Bread | Capsicum

TEAN MIX GRILL *(D)(G)* ✦ 270
Lamb Kofta | Shish Taouk | Beef Tikka | Lamb Chops

GRILLED JUMBO PRAWNS *(S)(D)* 240
Lemon | Garlic | Coriander

BUTTERFLY GRILLED SEABASS *(D)(S)(N)* 330
Sayadiya Rice | Green Salad | Chermoula Sauce

MAIN COURSES

LAMB SHISH BARAK *(D)(G)(N)* 120
Lamb | Pine nuts | Onion | Yoghurt Sauce

SEABASS FILLET *(E)(G)(D)(S)* 195
Orzo Pasta | Oregano | Tomato | Olives | Olive Oil | Feta Cheese Crumble

EGGPLANT MOUSSAKA *(V)(G)(N)* 75
Eggplant | Tomato | Onion | Capsicum | Garlic

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FATAYER

LAMB SFEEHA *(G)(D)* 75
Lamb | Tomato | Onion | Capsicum

CHICKEN *(D)(G)* 72
Marinated Chicken | Gherkins | Tomato

MANAKEESH

AKAWAI CHEESE & OLIVES *(G)(D)* 75

ZAATAR *(N)(G)(D)* 75

SAJ MANAKEESH

CHEESE AKAWI MANAKEESH *(G)(D)* 75

ZATAR *(N)(G)* 70

TRUFFLE MANAKEESH *(G)(D)(N)* ✦ 200

Saj bread is a very thin, large (60cm) unleavened flatbread in Arabic cuisine baked on a convex metal griddle, a saj.

SHARWARMA

CHICKEN SHAWARMA *(G)(D)* 115
Saj Bread | Marinated Chicken | Gherkins | Garlic sauce | French fries

HALLOUMI SHAWARMA *(G)(D)* 110
Saj Bread | Halloumi | Tomato | Olives | Mint | Vegetable Sticks

SIDES (G)(D)(N)(V) 55

French Fries

Grilled Vegetables

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SIDES · CONTINUED

Vermicelli Rice

Orzo Pasta

White Rice

DESSERT

RIZ BI HALEEB *(D)(G)(N)* 65
Egyptian Rice | Cream | Pistachio| Rosewater

LUQAIMAT *(G)(D)* 65
Fried Luqaimat | Dates Syrup | Sesame Seed | Ghazl Banat

CHEESE KUNAFA *(N)(D)(G)* 70
Pistachio | Sugar Syrup

UMM ALI *(N)(D)(G)* 60
Puff Pastry | Rosewater | Nuts

ICE CREAM & SORBET (Two Scoops) 40
Ice Cream: Vanilla | Chocolate | Pistachio (N) Mastika | Saffron Sorbet: Lemon | Strawberry

SEASONAL FRUIT PLATTER 75

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SUNSET HIGH TEA

Served from 16:00 to 19:00 · Good for 2 persons

PESTO HUMMUS *(N)(G)(D)*
Pesto Sauce | Garlic | Tahina

MASHAWI LAMB *(G)(D)*
Parsley | Tomato | Onion | Lamb

LEBANESE KAAK BREAD *(G)(D)*
Cream Cheese | Zaatar (V)

OVEN BAKED FETA CHEESE *(D)*
Olive Oil | Fig | Fig Chutney | Honey

HAREES LAMB *(G)(D)*
Harees | Lamb | Ghee

BEEF GIOUVETSI *(G)(E)*
Beef | Onion | Garlic | Tomato | Orzo Pasta

SFEEHA *(G)(D)*
Beef Pies | Cucumber Pickles | Yogurt

CHICKEN SHAWARMA *(G)*
Chicken | Pickies | Shawarma Powder | Garlic Sauce (D)(N)

FISH MASHBOUS *(G)(D)*
Rice | Coriander | Cumin | Yogurt Sauce (S)

SAB AL QAFSHAH *(G)(D)*
Date Molasses | Cardamom

LUQAIMAT *(G)(D)*
Date Syrup | Toasted Sesame

ASEEDA BOBAR *(G)(D)*
Pumpkin | Sugar | Four | Ghee | Rosewater (N)

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SUNSET HIGH TEA

FRUITS
Seasonal Fruit Selection

DATES MAARUKI *(G)(D)*
Emirate Dates | Honey | Fig Jam | Dough

UMM ALI *(N)(D)(G)*
Puff Pastry | Rose Water | Nuts

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KIDS MENU

PLAIN HUMMUS *(VE)* 35
With vegetable sticks

CHICKEN SOUP *(G)* 35
Chicken | Vermicelli | Vegetables

CHEESE RAKAKAT *(G)(D)* 35
Three pieces of cheese roll with fries

ARABIC SALAD *(VE)* 35
Lettuce | Cucumber | Tomato | Pomegranate seeds | Olive oil | Lemon juice

LAMB KOFTA *(G)* 40
One skewer kofta with fries or rice

SHISH TAOUK *(G)(D)* 40
One skewer chicken with fries or rice

FRIED FISH SUMMAN *(G)(D)* 50
Fish summan with fries

FATAYER AKAWAI CHEESE *(G)(D)* 40

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