TAKEAWAY

FOUR SEASONS HOTEL BENGALURU AT EMBASSY ONE

MENU

Daily 8:00 am – 8:00 pm

MENU

APPETIZERS

Paratdaar Paneer Tikka *(D)(G)*
Kcal: 1198.09 (420 g)
Stuffed Cottage Cheese, Chilli, Signature Mint Dip

Murgh Tikka Platter *(D)(N)(S)*
Kcal: 1234.22 (460 g)
Combination of Masala and Malai Chicken Cooked in Tandoor

Kebab Platter (D, E, Su, C, N, S)
Kcal: 1161.45 (780 g)
Ajwaini Fish Tikka, Tulsi Malai Jhinga, Gosht Seekh, Murgh Tikka, Murgh Malai

Vegetarian Kebab Platter *(D)(G)(N)*
Kcal: 1126.5 (770 g)
Surkh Soy Chaao, Bharwan Dum Aloo, Malai Broccoli, Paratdaar Paneer Tikka, Bhuna Makai Seekh

Gosht Seekh kebab *(D)*
Kcal: 717 (384 g)
Seared Lamb Mince Skewers, Ghee, Indian Spices

Ajwaini Fish Tikka (D, Su)
Kcal: 634 (384 g)
Sea Bass Fillet, Yoghurt, Pickled Mustard Paste finished in Tandoor

Tandoori Malai Broccoli *(D)(N)*
Kcal: 906.65 (520 g)
Broccoli, Yoghurt, Cashews, Cream Cheese

SANDWICHES & BURGERS

Club Sandwich *(D)(E)(G)(P)*
Kcal: 1531.24 (650 g)
Multigrain Loaf, Lettuce, Tomato, Fried Egg, Bacon, Chicken, Provolone

Vegetarian Club Sandwich *(D)(N)(G)*
Kcal: 740.53 (550 g)
Multigrain Loaf, Aubergine, Squash, Capsicum, Pesto, Cheddar

VEGETARIAN

(C) Crustacean · (D) Dairy · (E) Egg · (G) Gluten · (N) Nuts · (P) Pork · (S) Signature Item

MENU

SANDWICHES & BURGERS · CONTINUED

Fried Chicken Burger *(D)(E)(G)*
Kcal: 1413.11 (600 g)
Fried Chicken, Red Cabbage Slaw, Iceberg, Tomato, Cheddar

PASTA

Whole Wheat Spaghetti *(G)(D)(C)*
Kcal: 1161.45 (780 g)
Lemon, Ooty Asparagus, Parmesan, River Prawns

INDIAN CUISINE

Indian Brea
Kerala Parotta (V, G) – Kcal: 639.57 (150 g) | Laccha paratha (V, D, G) Kcal: 278.08 (120 g)

⊡ Dal Cur8 *(D)*
Kcal: 582.6 (450 g)
48-Hour Charcoal-Simmered Black Urad Lentils, Tomatoes, White Butter

⊡ Paneer lababdar *(D)(G)(N)*
Kcal: 864.5 (440 g)
Indian Cottage Cheese, Pickled Onions, Tomato-Based Gravy, Indian Spices

Butter Chicken *(D)(N)*
Kcal: 715.9 (450 g)
Chicken Tikka, Makhani Gravy, Fenugreek, Butter

Awadhi Dum Biryani *(D)(G)*
Seasonal Vegetable (V) – Kcal: 553.79 (500 g) | Chicken – Kcal: 632.11 (550 g) | Lamb – Kcal: 882.15 (580 g)
Basmati Rice, Stock, Spices, Rose Water, Saffron, Burani Raita

INTERNATIONAL ENTRÉES

Lemon and Mustard Roast Chicken *(D)(G)*
Kcal: 638.05 (350 g)
Rosemary King Oyster Mushrooms, Edamame, Hasselback Potato

⊡ VEGETARIAN

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MENU

INTERNATIONAL ENTRÉES · CONTINUED

Pan-Seared Sea Bass (G, D, G, Su)
Kcal: 589 (380 g)

Glazed Vegetables, Shaved Fennel, Sauce Vierge

VEGETARIAN

(C) Crustacean · (D) Dairy · (E) Egg · (G) Gluten · (N) Nuts · (P) Pork · (S) Signature Item